

DEBAHJIMON

Newspaper of the
**Leech Lake
Band of Ojibwe**

October 2021 | Vol. XXXVIII No. 4

Maajiigin

A ribbon cutting ceremony was recently held for Leech Lakes new Child Care Center in Cass Lake.

Page 2

Pfizer Booster

Pfizer booster shots are now available for LLBO employees and qualifying community members.

Page 3

Battle of Sugar Point

Recount the events of The Battle of Sugar Point that made headlines across the Nation..

Page 4

Leech Lake Announces Acquisition of Teal's Market in Cass Lake

By Michael Chosa

CASS LAKE – After several months of negotiation with the Leech Lake Band of Ojibwe, Teal's Market has publicly announced the sale of their Cass Lake location to the tribe. The store will be rebranded as "Leech Lake Market" and open under the new ownership on Friday, October 22, 2021.

"Our family has been part of the Cass Lake community for 79 years, so the decision to sell Teal's Market has been and was a very tough decision, but we have decided that it is time to pass the torch," said Roger Teal, former owner of the Cass Lake store, "The Leech Lake Band of Ojibwe is a natural fit to carry on. The Teal family would like to thank our loyal customers and dedicated associates for their support over all of these years which made our success possible".

Prior to the sale, Teal's Market operated ten grocery stores in three states (MN, SD and ND) and employed nearly 800 people, according to their website.

The acquisition of the grocery store business will be a new and exciting venture for the tribe, and is in line with the Tribal Council's goal of expanding tribal business beyond Gaming.



"We are very excited about this next business venture. This latest acquisition, supported by all of Tribal Council, is just one of many success stories for the Leech Lake Band of Ojibwe. The purchase of Teal's is a milestone in the assurance of food sovereignty for the Band as well as continuing diversification of the businesses which the Band owns and operates," said LLBO Chairman Faron Jackson Sr.

District 3 Representative LeRoy Staples-Fairbanks adds, "Food sovereignty is about providing for ourselves and safe guarding our most treasured resource which is our people. Our communities need to know that their government is acting to ensure they will always have access to healthy and sustainable food systems. Today is a step toward defining our own food systems, and moving beyond the federal government deciding what our people consume. Today is our day, our future and our new food market!"

Food sovereignty has become a major topic for tribes throughout Indian Country as they work to address disparities in public health outcomes for indigenous people. Issues with food shortages and access were brought to the forefront during the pandemic. Teal's emerged as a vital partner in the Band's response efforts, helping to secure items for the monthly food boxes that were distributed to families in

the area. That partnership strengthened the existing relationship between the two entities and when the opportunity arose to purchase the store, the Tribal Council acted quickly and diligently to secure the business opportunity.

Approximately 80 employees with the Teal's organization will now come on board under the Leech Lake Band of Ojibwe. The rebranded Leech Lake Market will operate under the Band's business side, which includes three casinos (Northern Lights, Cedar Lakes and White Oak), Shingobee on the Bay, Leech Lake Express convenience stores and Leech Lake Supply Company. This acquisition further cements the Band's position as one of the area's top employers and economic driving forces.

Teal's Market will be closed for inventory and transition all day on Thursday, October 21, 2021. It will reopen for business as Leech Lake Market at 7AM on Friday, October 22, 2021. Operating hours will be 7AM to 9PM, open 7 days a week.

The public is invited to attend a ribbon cutting ceremony from 12PM to 1PM on Thursday, October 21, 2021 (604 Lyle Chisholm Dr. NW, Cass Lake, MN 56633). The event will include a blessing, drum group, speakers and refreshments will be served.

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VOL XXXVIII NO 4

The *Debahjimon* is a free, monthly publication of the Leech Lake Band of Ojibwe.

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- » Robbie Howe, District I Representative
- » Steve White, District II Representative
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Submissions

The submission of pictures, articles, announcements and letters is encouraged. All submissions are subject to editing for spelling, grammar, length and libelous content. Submission does not guarantee publication.

The Editor reserves the right to reject any material submitted for publication.

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Deadlines

Nov. Issue.....10/29/2021
Dec. Issue.....11/26/2021
Jan. Issue.....12/31/2022



Chairman Faron Jackson Sr. commencing the ribbon cutting ceremony with staff and Blandin Foundation partners in attendance.



*Childcare Director,
Lee Turney.*

Maajiigin

New Leech Lake Child Care Center opens in Cass Lake.

Photos and article by
Kayla Duoos



*Ojibwe Language Mentor,
Waase Paulson*

CASS LAKE – The newly constructed Maajiigin Child Care Center held its grand opening in Cass Lake, Wednesday, September 22.

The 10,000 square-foot building which broke ground last fall will be home to a culturally focused learning center for children ages zero to 3. Participants in the child care program will have the opportunity to learn the Ojibwe language and participate in a variety of hands-on traditional teachings. The program's mission statement and philosophy focus on keeping the culture alive while introducing the teachings to a new generation.

The building features 2 infant and

2 toddler classrooms, a gymnasium, a breastfeeding room, small family lounge areas, staff offices and the band's Snap Ed program. The walls are lined with murals done by 4 local artists, photos of the staff/children with their families for a home-like feel, and special QR codes that when viewed with a smartphone camera lens, gives the Ojibwe pronunciation and English definition of the rooms primary use.

The building's ribbon cutting was opened by a prayer by the program's Ojibwe language mentor Waase Paulson, followed by the Cass Lake Bena drum and dance troupe. Leech Lake Early Childhood and Education staff, and Blandin foundation partners,

were in attendance. Tribal Chairman Faron Jackson's speech who opened the ceremony focused on the power our future generations hold and why investing in them, in such a way with new facilities, is important.

"These kids are blessed—this kind of programming will enhance their educational outlook. Programs like this—starting the kids out at a younger age and assessing the old values and the ways of our ancestors in such a good setting is so desperately needed. I'm so proud to be here, to see the building that will serve our community for years to come," said Jackson.

The 2.5 million building was fully

funded through grants and is only a stepping stone in what the program hopes to accomplish.

"We're going to continue to grow here at Leech Lake. Our children and our families deserve the environments we're going to be able to provide for them and like the Chairman said these types of investments will last generations, long after we're gone," said Childcare Director Lee Turney.

The Maajiigin Child Care Center is located at 16160 60th Ave. NW, Cass Lake, and is now open for applications for teachers and trainees. Anyone interested in applying can find more information at the Leech Lake Band of Ojibwe's employment page.

REZ COMEDY, WORLD PREMIERE

Local Indigenous Comedians Premiere New Comedy Doc.

By Kayla Duoos

BEMIDJI – The Paul Bunyan Playhouse is set to premiere the “Rez Comedy” documentary, October 23.

The “Rez Comedy” documentary follows Ojibwe comedians Rob “The Rez Reporter” Fairbanks and Jon “Jonny R” Roberts on a 12 day journey to document the stories of Indigenous comedians



Photo: @The JonnyR Twitter

Jon Roberts and Rob Fairbanks during the making of the documentary.

across the country to see what inspires them. Comics featured in the documentary include Ryan McMahon, Vaughn EagleBear, Tonia Jo Hall and more.

Tickets for the premiere are available through the box office

or online from Paul Bunyan Playhouse website.

Tickets are \$10 for adults, and \$7 for children 12 and under. All attendees must either be vaccinated or show proof of a negative COVID test taken 48 hours before the event to be admitted.

Give to the Max Day: Leech Lake Tribal College

CASS LAKE – Give to the Max Day is Thursday, November 18, 2021.

LLTC Silent Auction and raffle is back by popular demand. If you would like to donate any item(s), please send to: LLTC 6945 Little Wolf Road NW Cass Lake, MN 56633, or make arrangements to drop off with Ryan White (218-513-9476). We can make arrangements to pick up your donated items if you are local to the Leech Lake/Bemidji area.

This year, LLTC’s goal is to raise a total of \$45,000. The proceeds benefit LLTC scholarships, LLTC endowment, LLTC Athletics, and other student service resources. A good portion of the funds are invested into the endowment, therefore it is a gift that will con-

tinue to give in perpetuity. Currently, LLTC has seven scholarships that are endowed and are awarded to students yearly. Please support LLTC during our Give to the Max campaign.

For questions, requests, and other logistics contact Ryan White by phone at 218-513-9476 or email ryan.white@lltc.edu.

If you are interested in donating any items to the silent auction, or starting your own LLTC endowed scholarship that represents your family or business, please contact Ryan to discuss the details. Please support LLTC, with your tax-deductible charitable contribution. LLTC is a 501c3 nonprofit institution of higher education.

Miigwech!

Pfizer COVID-19 Vaccine Booster Shot Available on Leech Lake

By Kayla Duoos

CASS LAKE – Pfizer booster shots are now available at the Cass Lake Indian hospital for LLBO employees and IHS eligible community members.

Community members are eligible are those who received the Pfizer shot, six months prior and are 65 or older, 18+ with underlying medical conditions(ex. Diabetes, COPD high blood pressure, asthma, obesity, cancer), and 18+ individuals who are at greater risk of exposure due to their job (ex. healthcare workers, childcare workers, teachers, grocery store workers.)

The Pfizer booster shot was approved by the FDA, September 22 following studies that show a Pfizer-BioNTech booster shot increased the immune response in trial participants who finished their primary series 6 months earlier. With an increased immune response, people should have improved protection against COVID-19, including the Delta variant.

There are currently studies being run on the effectiveness of a booster shot for both Moderna and the Johnson and Johnson vaccine.

IHS is offering a number of venues for community members to get their booster shots, via drive thru/community clinics or scheduling with your regular provider. To get more information on upcoming clinics or to talk to a provider please call (218) 335-3200.

These events are for:

- For all IHS eligible AND tribal employee 65+
- 18+ IHS eligible and LLBO Tribal Employees with underlying health conditions
- 18+ who are at increased risk for COVID-19 exposure and transmission due to a high-risk work environment
- No appointment needed
- Must provide vaccine record to receive booster
- Must be at least 6 months since you have received your 2nd dose of Pfizer

October COVID and Flu Shot Availability

Special Vaccine Events			
IHS Eligible and Tribal/IHS Employees only—Proof of prior COVID vaccine required			
Cedar Lakes Parking Lot Drive Through	October 7 th October 14 th October 28 th	12PM-3:30PM 8:30AM-3:30PM 8:30AM-3:30PM	<ul style="list-style-type: none"> • Flu vaccine – all ages • COVID vaccine (Pfizer) – ages 12 and older
Cass Lake Boys and Girls Club	October 21 st	9AM-1PM	<ul style="list-style-type: none"> • Flu vaccine – ages 18 and older • COVID vaccine (Pfizer) – ages 18 and older
Cass Lake IHS			
Pharmacy	Mondays Tuesdays Wednesdays Thursdays Fridays	9:30AM-4:30PM 9:30AM-4:30PM 1PM-4:30PM 1PM-4:30PM 1PM-4:30PM	<ul style="list-style-type: none"> • Flu vaccine – ages 18 and older • COVID vaccine (Pfizer) – ages 18 and older • COVID vaccine (Johnson and Johnson) – ages 18 and older
Scheduled provider visit	Weekdays		<ul style="list-style-type: none"> • Flu vaccine – all ages • COVID vaccine (Pfizer) – ages 12 and older • COVID vaccine (Johnson and Johnson) – ages 18 and older
Pediatrics (6 months - 17 years old)	Weekdays		<ul style="list-style-type: none"> • Flu and COVID Vaccine (Pfizer) • Appointments encouraged (335-3411) • Walk-in ok
Tribal Clinics			
Ball Club (218) 246-2394 Bena (218) 665-5303 Inger (218) 659-2764 Cass Lake HD4 (218) 335-4556	Weekdays		<ul style="list-style-type: none"> • Flu vaccine – all ages • COVID vaccine (Pfizer) – ages 12 and older • COVID vaccine (Moderna) – ages 18 and older • Please call in advance

On This Day in History: The Battle of Sugar Point

By Kayla Duoos

Contributing Editor: Michael Chosa

Information and Figures corroborated by Author Greg Chester

Illustrations by AJ Belgarde

On the early Wednesday morning of October 5, 1898 a handful of young Pillager men held off approximately 100 U.S. soldiers on the shores of Sugar Point. The firefight resulted in seven dead and ten wounded with no casualties reported on the Ojibwe side. The soldiers were eventually forced to retreat back to Walker, MN. This event has come to be recognized as the last military conflict between the U.S. and American Indians.

As with many conflicts, the tensions that led to the Battle of Sugar Point were varied. Lumber companies routinely swindled the Ojibwe people out of large amounts of money through unscrupulous practices.

One of the most cited complaints among the Ojibwe at that time was a “dead and burnt wood” clause which allowed the lumber barons to purchase timber at a greatly reduced rate if it was in such condition. They would often start forest fires and then quickly harvest both semi-burnt and green wood and claim it all as “dead”, reaping massive profits at the expense of the Ojibwe.

In addition to practices such as these, timber was routinely appraised at a severely lower rate on the Reservations in Minnesota than it would have been elsewhere. Money received for the timber, which was intended to sustain the Ojibwe people was mishandled, misappropriated and frequently spent frivolously by Indian Agents on behalf of the Ojibwe. When the payments would come, they were notoriously late, much to the ire of the Pillagers and other bands at that time.

Mistreatment and injustices at the hands of U.S. Marshals and other agents also played a large role. Kickback schemes abounded between these federal agents and local hotel and railroad men, who were paid by the U.S. Government each time a witness or defendant

was brought before the court in Duluth. Ojibwe were routinely rounded up and brought to Duluth on false charges to line the pockets of those involved in the scam.

Delayed payments and consistent arrests in weak, unsubstantiated bootlegging cases eventually led the leaders of the Pillager tribe to send a letter to the U.S. Government asking them to look into the on-going injustices the tribe was facing.

We, the undersigned chiefs and headmen of the Pillager band of Chippewa Indians of Minnesota, respectfully represent that our people are carrying a heavy burden, and in order that they may not be crushed by it, we humbly petition you to send a commission, to investigate the existing troubles here.

The Chippewa Indians of Minnesota have always been loyal to the United States and friendly to the whites, and they desire this friendship to be perpetual.

We now have only the pine lands of our reservations for our future subsistence and support, but the manner in which we are being defrauded out of these has alarmed us.

We trust that you will protect us when the truth reaches you.

The letter went unacknowledged by the U.S. Government, further perpetuating the poor relationship between the tribe and U.S. officials.

Bug-O-Nay-Ge-Shig (Hole-In-The-Day) was an elder Pillager man and one of the many Ojibwe who had first-hand experience of the downfalls within the U.S. justice system. In April 1898, Bug-O-Nay-Ge-Shig was arrested by a U.S. Marshal on bootlegging charges and brought to Duluth

for court.

Once arraigned and let go due to insufficient evidence, Bug-O-Nay-Ge-Shig was left to make the 135 mile journey home on his own accord. Bug-O-Nay-Ge-Shig hitched rides on multiple trains, only making it so far in the journey before being repeatedly thrown off for not having a ticket. Leading him to eventually walk the last 40 miles home in his moccasins, wearing them down to his bare feet. It was at that moment he swore he would never allow himself to be arrested ever again, lest he may perish on his



Onigum. Recognizing the stakes at hand at the possibility of another trip to Duluth, Bug-O-Nay-Ge-Shig called out for help. The other Ojibwe in Onigum, hearing the pleas of one of their elders, surrounded, and gently, yet forcefully secured his release.

The army officials who were in charge of the arrest of Bug-O-Nay-Ge-Shig that day, went forward to tell a tale of how they were surrounded by over 200 warriors and attacked, when in reality it was a small group of Pillager band members. Reportedly, less than 20 people, mostly women, aided in Bug-O-Nay-Ge-Shigs escape.

Once the U.S. Army received word of Bug-O-Nay-Ge-Shigs escape, they put out wanted notices for those reported to have been involved in his escape. To be certain those men were caught, they sent down an additional 77 soldiers from Fort Snelling.

The 80 soldiers began their quest that fateful morning and arrived on the shores of Sugar Point that afternoon. After failing to find Bug-O-Nay-Ge-Shig, the army set up base camp.

How the battle began has often been disputed throughout the years. The Pillager have held that the soldiers began firing on a canoe containing two women and a child as it rounded the corner of Sugar Point. The military claims that a rifle was accidentally discharged towards the Ojibwe side. Regardless, an intense firefight between the two sides erupted. The Pillager people went into that day not wanting battle but were prepared if it came.

The battle continued into the night and no harm came to any of the Ojibwe people outside of Indian Officer Gay-Gway-Day-Be-Tung (George Russell), who was allegedly shot by mistake, by a soldier who assumed he was fighting



alongside the Pillagers. The 3rd U.S. Infantry saw six casualties and ten wounded that night.

On the morning of October 7, 1898, the soldiers retreated from Sugar Point, battered, hungry and cold. Once back to safety in Walker, the commanding officer, General Bacon, would be quoted in newspapers as saying that he “scattered” and “whipped the indians good”, a poor attempt at saving face.

Once word of the battle spread, hysteria ran rampant in the surrounding areas that an “Indian Uprising” was coming. Additional troops were sent to the area, and outcries to the US Government for assistance and protection were pouring in from the non-native people in Minnesota. Memories of Custer’s defeat at Little Big Horn, just 22 years prior in 1876, led the newspapers of the day to run wild with unsubstantiated headlines.

The townspeople of Walker surrounded themselves with a 24-hour rotating shift of armed guards.. In Bemidji, all of the women were herded into a courthouse as 200 armed “militiamen” stood guard outside. It took a few

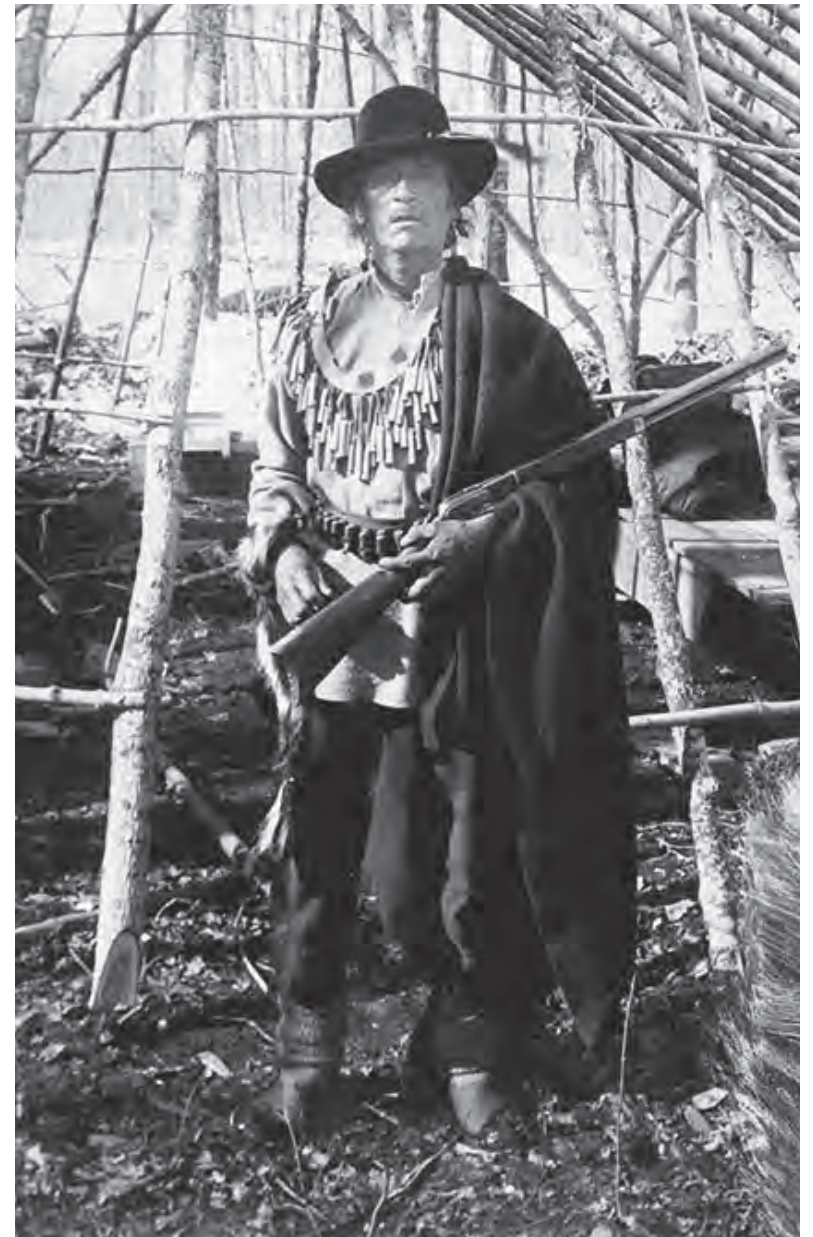
weeks for the buzz to die down, though the relationships between the Ojibwe and their neighbors were never fully repaired.

With all of the nation’s attention turned towards Leech Lake, the U.S. Government was forced to hear the grievances put forth by the Ojibwe people. Commissioner of Indian Affairs, William A. Jones, was soon dispatched to the area. After an extensive number of meetings with the tribal elders, an agreement was reached. Several Pillagers turned themselves in for warrants related to Bug-O-Nay-Ge-Shig’s escape, although Bug-O-Nay-Ge-Shig himself upheld his pledge to never return to U.S. Court or jail. Most of those who turned themselves in served between two to six months, and everyone involved received a full pardon from President McKinley a short time after.

Further investigations revealed the damage that had been done to the Ojibwe at the hands of the logging companies, as well as during the first arrest of Bug-O-Nay-Ge-Shig and those who aided in his escape. Reforms in the management of timber on the Leech Lake Reservation eventually led to the

establishment of the Chippewa National Forest.

None of the Pillager Ogichidaa who engaged in battle at Sugar Point ever were tried or received punishment for their involvement. Bug-O-Nay-Ge-Shig went on to live another 18 years in the area before passing peacefully. The U.S. Army never returned to the shores of Sugar Point on Leech Lake, the site of their final battle and defeat in the period now known as the “Indian Wars”.



“Old Bug” Bug-O-Nay-Ge-Shig. Photo courtesy of the MN Historical Society.



LLDRM Efforts to Regulate Secondary Wood Products

Submitted by Ben Benoit, DRM

If you have driven around the area the past few years, in all likelihood you have seen a truck laden with small birch trees cut into 8 foot sections. You may have wondered; what are they doing with those birch trees? Birch poles have been an emerging commercial wood product over the past several years and are being cut down and sold throughout the Leech Lake Reservation to be shipped across the country and resold as decorative products in hotels, office buildings and homes. This article will provide some background information on birch pole harvest and what steps Leech Lake Division of Resource Management is undertaking to regulate harvest on the Reservation.

Birch pole harvest is currently unregulated by the Leech Lake Band of Ojibwe. Currently, Band members are able to harvest and resell birch poles throughout the Reservation. Over the past several years, the harvest of Birch poles is impacting the overall population of young birch trees within the Leech Lake Reservation and in the future could impact the availability of future mature birch trees. Considering this, the Leech Lake Division of Resource Management (LLDRM) has drafted a "Commercial Wood Products" ordinance to establish some regulations and guidance focused on the sustainable harvest of forest products intended for commercial sale. It is important to note that wood products harvested for personal or traditional use are exempt from this ordinance.



This draft ordinance does not place limits on the amount that a Band member can harvest, rather it establishes best practices to harvesters on which trees are eligible for harvest and establishes a permit system for tracking har-

vesters and buyers. Currently, LLDRM is publicly sharing this ordinance and planning a series of public meetings and LIC outreach to solicit feedback on the draft ordinance. A copy of the draft ordinance is available [https://](https://www.llojibwe.org/drm/index.html)



www.llojibwe.org/drm/index.html and public comments can be provided to Leech Lake Division of Resource Management attn: Ben Benoit or at Ben.Benoit@llojibwe.net.

In particular we are looking for comments on:

- Should limits be placed on Birch pole harvest?
- Should Birch pole harvest for commercial use be allowed at all?
- Have you been impacted by the harvest of birch poles?
- Any comments on the draft ordinance.

Miigwech.

Niigaane Ojibwe Language Immersion Program

Words and sentences list October

- A. Giqii-o-nooji'aaq ina waawaashkeshiwaq qii-kiiyoseyan?**
B. Eya'. Ninqii-kiiyosemin nimishoomis miinawaa nimbaabaa.
 A. Did you go deer hunting?
 B. Yes. I went hunting with my grandfather and father.

- A. Awiya na oqii-paashkizwaan waawaashkeshiwan?**
B. Nimishoomis oqii-paashkizwaan ayaaben.
 A. Did anyone shoot a deer?
 B. My grandfather shot a buck.

- A. Giin dash? Giqii-paashkizwaa na waawaashkeshi?**
B. Gaawiin mashi.
 A. And you? Did you shoot a deer?
 B. Not yet.

OJIBWEMOWIN	ENGLISH
waawaashkeshi(waq)	deer(plural)
ayaabe(q)	buck(s)
onijjaaniw(aq)	doe(s)
qidagaakoons(aq)	fawn(s)
mashkosiw(an)	grass(es)
mitigomin(an)	acorn(s)
mitig(oog)	tree(s)
noopiming	in the woods
waawaashkeshiwi-wiiyaas	venison

Washington's First Native American Judge, Biden nominee, Lauren King

By Kayla Duoos

WASHINGTON – The first Native American federal judge in Washington state's history, was confirmed October 5 by the senate in 55-44 vote.

Lauren J. King, a Tribal member of the Muscogee Nation, will now serve as Washington's federal district judge for the United States District Court for the Western District of Washington while remaining in Seattle. King's appointment makes her not only the first in her state, but the second Native American in the United States Courts for the Ninth Circuit, and only the fourth active Native American federal judge in the entire country.



Lauren J. King

King, who was nominated by President Biden for the position earlier this year, received her Juris Doctor in 2008 from the University of Virginia School of Law. She is a partner at Foster Garvey, P.C. (formerly Foster Pepper PLLC) in Seattle and chairs the firm's Native American practice group.

King has devoted substantial time to serving her community. She has served on the board of the Northwest Tribal Court Judges Association since 2015. King has been a member of the Mvskoke Reservation Protection Commission since 2020 and

served as a board member of the Seattle Indian Health Board from 2017 to 2019.

In 2020, Governor Jay Inslee appointed her as commissioner on the Washington State Gambling Commission. King also taught Federal Indian Law at Seattle University School of Law as an adjunct professor.

King's nomination was supported by the National Congress of American Indians, National Native American Bar Association, Native American Rights Fund, Federal Bar Association Indian Law Section, Association on American Indian Affairs, Northwest Indian Bar Association, Washington State Gambling Commission, Northwest Tribal Court Judges Association, Affiliated Tribes of Northwest Indians, Seattle Indian Health Board, Muckleshoot Tribe, Suquamish Tribe, Spokane Tribe, Nez Perce Tribe and other organizations.

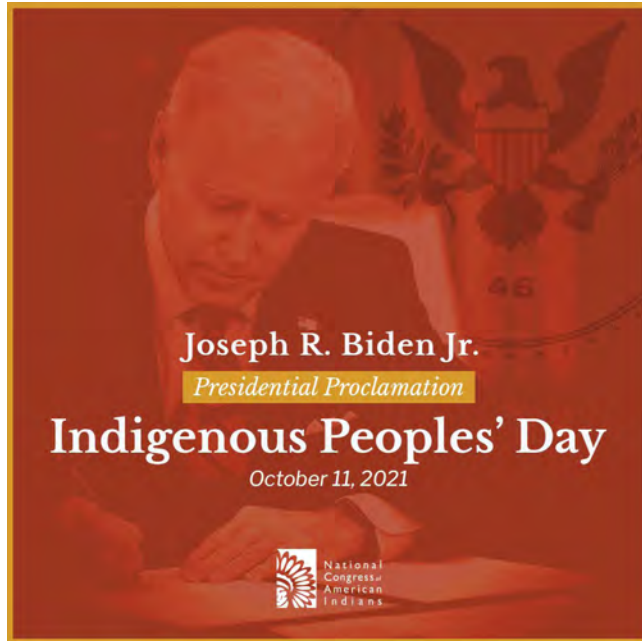
Federal district court judges are nominated by the president, confirmed by the Senate and serve lifetime appointments upon good behavior.

Biden First President to Proclaim Indigenous Peoples Day, Walz Renews Yearly Proclamation

By Kayla Duoos

MINNESOTA – Monday, October 11 is Indigenous Peoples day.

The holiday which replaces Columbus day in the state of Minnesota via proclamation, and various cities throughout the state is meant to focus on how Indigenous communities have persevered despite history. This year marks the sixth anniversary of the official holiday recognition for the city of Bemidji and the state.



2021, also marks the first year a President has ever officially recognized the day via proclamation. President Biden's press release regarding the day went out October 8 and acknowledged the United States long-standing history of failed promises towards Indigenous communities and his administration's promise to invest back into Tribes.

"The Federal Government has a solemn obligation to lift up and invest in the future of Indigenous people and empower Tribal Nations to govern their own communities and make their own decisions. We must never forget the centuries-long campaign of violence, displacement, assimilation, and terror wrought upon Native communities and Tribal Nations throughout our country. Today, we acknowledge the significant sacrifices made by Native peoples to this country — and recognize their many ongoing contributions to our Nation," said Biden.

The official change to replace Christopher Columbus day with one honoring Indigenous people in Bemidji came about in 2016.

The change was made through a grassroots effort by Bemidji State Professor Vivian Delgado and students in a previous Indigenous treaty and law course who brought their pitch to the city council.

The state of Minnesota signed their proclamation replacing Christopher Columbus day that same year.

Governor Tim Walz has renewed former Governor Dayton's original proclamation since being elected.

"Today's a day to celebrate resiliency and diversity. It's also a day to acknowledge the painful past, and the truth of oppression, violence and discrimination experienced by Indigenous people. Because reckoning with this past is how we move forward with justice and begin addressing inequities," said Walz.

Indigenous people and empower Tribal Nations to govern their own decisions. We must never forget the centuries-long campaign of violence, displacement, assimilation, and terror wrought upon Native communities and Tribal Nations throughout our country. Today, we acknowledge the significant sacrifices made by Native peoples to this country — and recognize their many ongoing contributions to our Nation," said Biden.

Minnesota COVID-19 update: October

By Kayla Duoos

MINNEAPOLIS – Those hardest hit by the latest wave of COVID continue to be unvaccinated Minnesotans.

Unvaccinated people make up 38% of Minnesota's population — including children 11 and younger who aren't eligible for the shots — however emerging data shows that they made up about 71% of the infections identified in the past month.

More than 98% of fully vaccinated Minnesotans haven't suffered infections, which is significant considering that breakthrough cases were inevitable after the fast-spreading delta variant of the coronavirus emerged, said Kris Ehresmann, state infectious disease director.

"That is a pretty significant proportion of the vaccinated population. The unvaccinated continue to be the driving force behind the high rates of transmission we are seeing."

State hospital leaders said the combination of patients admitted for COVID-19 as well as traumatic injuries and other causes is filling up available beds—causing stress on the care system.

State data released on Friday the 8, showed that more than 96% of

available intensive care beds were filled and more than 93% of non-COVID inpatient beds were occupied as well.

To combat these numbers, State health officials have continued urging remaining unvaccinated Minnesotans to seek shots against the coronavirus that causes COVID-19 including eligible school-age children who are facing higher risks of exposure while on campuses.

A look at the numbers as of October 12:

The Minnesota Department of Health says the state's total number of confirmed coronavirus cases is now at 746,768. Of them, nearly 716,107 no longer require isolation. The state's death toll is now at 8,330 with 4,682 of those deaths involving cases in long-term care (LTC) facilities.

Health officials say approximately 12,995,416 Minnesotans have been tested for the virus so far including 9649 on the reservation.

If you are experiencing symptoms or have been exposed, please call the Cass Lake IHS COVID hotline at 335-3426 or 335-3427 Monday through Friday 8:00 am to 4:30 pm. If you are experiencing shortness of breath, please contact the Emergency Department at 335-3327 or dial 911.

IHS eligible community members 18 years and older are now eligible to receive the COVID vaccine. If you are interested please call the COVID-19 Vaccine hotline and reserve your spot now at 218-368-4763.

District III Elder Birthdays

November

Rodney Allen	Kenneth Fahlstrom	Roselyn Loeken	Winona Richardson
Bonnie Beaulieu	Donald Fairbanks	Vincent Lowry	Jeffrey Riewer
Sharon Bebeau-Cavitt	John Fairbanks	Andrea Lyons	Mary Rober
John Bedeau	Jerome Finn	Darlene Monroe	Kathleen Roy
William Bedeau	Glen Fisher	Cynthia Morris	James Samuelson
Willis Burnette	Mary Goggeye	Peter Morris	Jeffrey Sande
Evelyn Campbell	Russell Goggeye	Terrence Morris	Angela Sayers
Sheryl Charwood	Charles Hanson	Eugen Northbird	Rowa Sherer
Janet Cloud	Kerry Harper	Suzanne Northbird	Linda TeJohn
Eleanor Craven	Shari Headbird	Steven O'Brien	Lana Tucker
George Donnell	Peter Hunt	Clayton Oothoudt	Kerri Wakefield
Dean Elmberg	Debra Jackson	Ethelyn Peacock	Carol White
Anita Fahlstrom	Kenneth Johnson	Joseph Plumer	Lyman White
	Marlene Johnson	Richard Raish	Mary White
	Karen Jones	Robert Randall	Timothy White
	Connie Littlewolf	Walter Reese	Robin Windom

From the District III Office LeRoy, Toni & Kari

ALL ELDERS ARE ENTITLED TO \$10 SLOT PLAY & \$10 MEAL COUPON THAT MUST BE USED WITHIN THE BIRTHDAY MONTH.

COVID-19 BOOSTER SHOT UPDATE

Vaccinated?

Booster shots are authorized for seniors and adults at high risk who received Pfizer at least six months ago.

Bears Ears Monument Restored by Biden

By Kayla Duoos

WASHINGTON – President Joe Biden issued a proclamation, Friday October 8 to restore the Tribally sacred Bears Ears national monument to its former glory.

Biden's proclamation which covers the restoration of Bear Ears, Northeast Canyons and Seamounts Marine, and the Grand Staircase-Escalante reversed a decision by President Donald Trump that opened the lands for mining and other development. Trump's decision, reduced Bear Ears square footage by 85%, despite the fact that Bear Ears holds sacred value for local Tribes and is home to ancient cliff dwellings and petroglyphs.

The Bears Ears monument encompasses more than 1.3 million acres in southern Utah and was declared a national monument during Obama's administration thanks to the Hopi Tribe, Navajo Nation, Ute Indian Tribe of the Uintah and Ouray Reservation, Ute Mountain Ute Tribe, and Pueblo of Zuni who came together to request the areas be protected.



President Biden signed the proclamation on Friday, October 8, restoring protections for Bears Ears, Northeast Canyons, Seamounts Marine and the Grand Staircase-Escalante Monuments Reversing a Trump era decision. **Photo:** Susan Walsh | AP

Secretary of the Interior Deb Haaland who has been championing Tribal members needs to be put first, spoke highly of Biden's decision.

"Bears Ears is a living landscape," Haaland said. "This is a place that must be protected in perpetuity for every American and every child of the world."

The president's actions write "a new chapter that embraces Indigenous knowledge, ensures tribal leadership has a seat at the table and demonstrates that by working together we can build a brighter future for all of us," she said.

Bears Ears is currently open at this current point in time for Traditional uses, alongside fishing and hunting.

Dr. Fauci and CDC Director, Walensky Statements Regarding Halloween Celebrations Amid Ongoing Pandemic

By Kayla Duoos

WASHINGTON – Dr. Anthony Fauci has given the go-ahead for celebrating Halloween this year.

In a live appearance, Saturday October 9 on CNN's state of the Union, the nation's infectious disease expert said vaccinated families should "go out there and enjoy Halloween." He followed this statement by asking unvaccinated families to consider masking up and taking other precautions for the holiday.

Fauci's statements echo CDC director Rochelle Walensky during an interview with Face the Nation late last month. When asked if it was safe for kids to hit the sidewalks on Halloween, Walensky responded that, "if you're able to be outdoors, absolutely."

"Limit crowds," she continued. "I wouldn't necessarily go to a

crowded-Halloween party, but I think that we should be able to let our kids go trick-or-treating in small groups.

The public should know that wearing a Halloween mask does not replace or mimic the effectiveness of a cloth face mask, and that celebrating virtually or with members of your own household poses the least amount of risk for spread.

If you think that you may have been exposed during your halloween celebration, take extra precautions for 14 days after the event to protect others, such as staying home as much as possible, avoid individuals who are more susceptible to infection and get tested.

If you are notified that you were a close contact of someone who tested positive for COVID-19, stay home for 14 days from the last time you had contact with that person. Monitor for symptoms of coronavirus.

INFORMATION SESSION:

Lessons Learned from The Healing Pathways Project

TUESDAY OCTOBER 26, 2021

Two time slots are available to hear an identical presentation about Healing Pathways.

PRESENTATION #1

12:00 pm - 12:20 pm

PRESENTATION #2

5:00 pm - 5:20 pm

LOCATION:

Cedar Lakes Casino Convention Center
Cass Lake, MN



LOCAL CONTACT:

Carol Jenkins
218-308-4256

Bernadette Gotchie
218-368-4557

PLEASE RSVP @

<https://tinyurl.com/LeechLakeInfoSession>

**LEARN MORE ABOUT
THIS ON-GOING
COMMUNITY-BASED
PROJECT AND WIN
RAFFLE PRIZES!**

COVID-19 SAFETY:

Grab & Go Meals will be provided to minimize potential COVID-19 exposure. All attendees will be required to wear a mask and leave your name and phone number for contact tracing purposes.

WHAT IS HEALING PATHWAYS?

Healing Pathways is an ongoing community-based participatory research project. The study has been running within the Leech Lake community since 2002 and includes input from local team members who serve on a Community Research Council. You can learn more about Healing Pathways @

<https://caih.jhu.edu/programs/healing-pathways>

WHO SHOULD ATTEND?

Anyone in the Leech Lake community is welcome to attend. We especially encourage local service providers, planners, grant writers, educators, to join us and learn how findings from a long-running research project can be used in your planning, service, and programming locally.

BUG-O-NAY-GE-SHIG SCHOOL NEWS

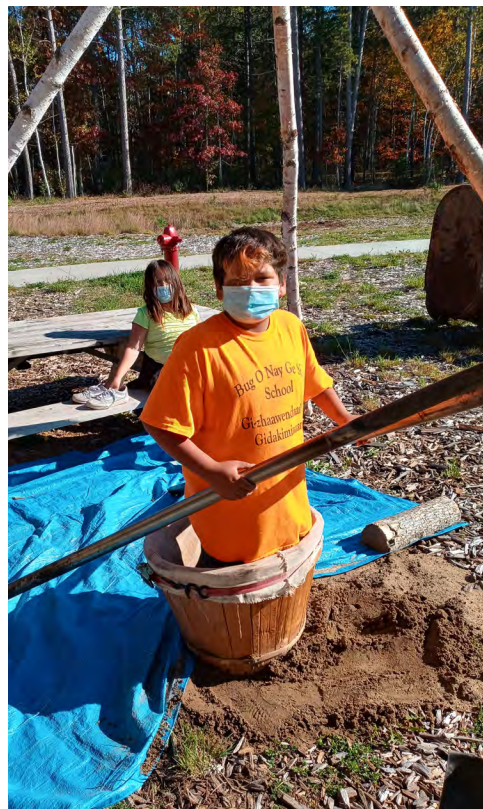


Bug O Nay Ge Shig School held its first school/community Feast and Pow wow on Friday afternoon 9/24 at the school. The weather was beautiful and a large crowd of visitors, students and staff enjoyed the outdoor celebration.



Bug O Nay Ge Shig High School seniors enjoyed a sunny day visiting Camp Ripley last week. The students were able to pick sage, eat, and practice archery with the soldiers.

They also toured the camp and equipment. Before returning to school, everyone enjoyed a dance with the drum.



Aabinoojiinh, jiggling (thrashing) the rice.



Odanimad, winnowing (fanning) the rice

Bug O Nay Ge Shig Niigaane students visited the high school seasonal activities class and practiced jiggling and winnowing the manoomin (wild rice) that had been parched.



Bug O Nay Ge Shig 6th Grader, Leon, shows his excitement at winning the traditional Ojibwe Bagese Dish Game which involves intricate counting of carved bone figures as they land into a dish. Bagese ataadiwin agindaasowin.



Obituaries



Luella Seelye



Luella Amanda Seelye, 98, of Bena, MN, died Tuesday, September 14, 2021, at the Jourdain-Perpich Extended Care Center in Red Lake, MN.

Funeral Services will be held at 11:00am, Saturday, September 18, 2021 at the St. Joseph's Catholic Church in Ball Club, MN. A wake will begin at 1:00pm, Friday, September 17, 2021, at the Bena Community Center in Bena, MN, and will continue until the time of the service. Interment following cremation will be at the Lakeview Cemetery in Bena, MN under the direction of the Cease Family Funeral Home in Bemidji

She was born on February 28, 1923, in Bena, MN, the daughter of Harrison and Isabelle (Brown) Matthews. She was raised in Bena. At the age of 5 she was sent to Boarding School in Tomah, Wisc., until she returned to Bena at 10 years old. At age 17 she was sent to the Boarding School in Pipestone, SD. She worked in factories in the Twin Cities during World War II. She married Eugene Seelye in Federal Dam in 1946. In the 1960's and 70's she ran activities and

sports for children. She began work for the Minnesota Chippewa Tribe in 1974. While working there she founded the Elderly Nutrition Program and the Wisdom Steps Program, she retired in 2001. She went blind in 2007 and still endured for 14 years. She enjoyed camping, hunting, ricing, and participating in bowling leagues. She enjoyed a lot of good times with her family.

She is survived by her: Son, Lance Seelye of Bena, MN, Sister, Joanne (Oliver) Cauty of Cass Lake, MN, Numerous Grandchildren, Great-Grandchildren, Great-Great Grandchildren, Nieces, and Nephews.

She was preceded in death by her parents, her husband Eugene, daughters Barb Cleveland, Margaret "Peggy" Treuer, Gloria Jean Seelye, Sons Eugene Seelye Jr., David Seelye, and granddaughter Vanessa Cleveland.

The family especially wishes to thank the staff at the Jourdain Perpich nursing home for the loving care they provided in Luella's final months.

Honorary Casketbearers will be: Luella's Grandchildren; Anton Treuer, David Treuer, Micah Treuer, Megan Treuer, Samuel Cleveland, Justin Seelye, Jesse Seelye, Nathan Seelye Sr., Josh Seelye, and Mandi Lego, Luella's friends Mary Snobol and Helen Tibbetts.

Active Casketbearers will be: Luella's Great-Grandsons; Jayden Seelye, Nathan Seelye Jr., Elias Treuer, Isaac Treuer, Caleb Treuer, and Robert Treuer.

Condolences may be left at ceasefuneral-home.com.

Beatrice Bivens



Beatrice Elaine Bivens, "Wabashkemuckwa Iqwe," 76 years old of Ball Club Minnesota survived by her children: Calvin Goggleye (Bernice) of Inger, Phyllis Wade of Ball Club, Patricia Wade (Bryan) of Bena, Michael Wade Jr (Crissy) of Mille Lacs, Lori Wade of St Paul, Christine Leith of Akley, Michael Wade Sr., Husband of Mille Lacs, Daughter in-law Auralia Chemema of Arizona. 16 grandchildren and 18 great grandchildren.

Siblings: George Goggleye (Patty) of Bemidji, Mary Porter of Nett Lake, Theresa Fewer (Pat) of St Paul, Robert Goggleye (Mary) of Cass Lake, Russell Goggleye (Linda) of Inger, Ed Goggleye of Inger, Norman Goggleye (Delores) of Inger, Doreen (Joseph, Dahl) Whitebird of Inger, Gloria Goggleye of Cass Lake. Numerous nieces and nephews.

Preceded in death by: Parents Maggie and George Goggleye, Sisters Alice, Dorothy Goggleye, Stella Howard and Loraine White and brother Vernon Goggleye.

Burial: Inger Cemetery July 9, 2021.

Beatrice was a strong proponent for furthering education. Bea Graduated from Spring Lake Grammer School in 1960 and went on to Beauty School in Minneapolis. Bea instilled the love of education in her children.

She graduated from University of Minnesota Duluth with her Bachelors Degree in Psychology.

Bea worked at various facilities as a Chemical Dependency counselor, Native American educational programs from Early Childhood to Native American High School Programs as Guidance Counselor and in other capacities Bea loved and remembered all of the students through-out the years and acknowledged them when she met up with them as they grew older and had families of their own.

Beatrice loved fishing, hunting and ricing as a young woman growing up in a traditional Ojibwe family. She also loved pow-wows she danced Jingle dress for many years. Bea loved spending time with her family, cooking, sewing, doing jigsaw puzzles she could finish a 1000 piece puzzle in a matter of hours. She also loved going to rummage sales in the summer time either with her granddaughters or with her sister Doreen, they spent Saturdays in the thrift stores in Grand Rapids and Bemidji, she was always looking for a deal on pretty fabrics. Bea could take a sewing machine apart and put it back together. Bea did all her own maintenance and repair work, she loved looking at the inner-workings of her many sewing machines.

Bea will forever be known for her beautiful quilts and quilt work and regalia she lovingly made for her family and friends, she always added a little personal loving touch to each project she completed.

Pallbearers: John Wakanabo, Darrell Wilson Sr., Loren Howard, Wilfred Corpola, Keith Robinson, Brian Howard.

Honorary Pallbearers: Donald Ducks White, Thomas Howard, Micheal Howard, George Goggleye Jr. Donald Goggleye, Russell Goggleye Jr. Jeremy Goggleye, Cody & Cole Goggleye, Edwin Goggelye Jr, Vernon Goggleye, Gerald Boy Goggleye, Jeffery Seher, Jeffery Fairbanks, Samuel Johnson Jr, Ronald Johnson, Norman Abanooji Goggleye. Numerous Nephews and Nieces.

DEBAHJIMON

Debahjimon can be found at the following locations:

District I

Ball Club Comm. Center
White Oak Casino
Cenex Station
Max Mart
Inger Comm. Center
Deer River School

District II

Bug O Nay Ge Shig School
Bena Community Center
Bena Store
Sugar Point Comm. Center
Kego Lake Comm. Center

District III

Cass Lake Rest Area
Che We Station
Leech Lake RTC

Tribal Justice Center
Facility Center
Dairy Queen
Cass Lake IHSe
Cass Lake Dental Clinic
Teals Grocery Store
Shell Station
Diabetes Clinic
Woman's Halfway House
White Earth Office
Child Welfare Office

Financial Services
Woman's Services
Opioid Clinic
Leech Lake DRM
MCT Headquarters
Cass Lake-Bena H.S.
Cedar Lakes Casino
Leech Lake Gaming
Junction Station
Leech Lake Tribal College
Men's Halfway House

Leech Lake Health Division
RBC Building
Tribal Development
Leech Lake Housing

Bemidji

Sanford Center Box Office
Tesoro Station
Bemidji Public Library
Social Services Building
Federal Building

LLBO Health Clinic
Bemidji State Univ. AIRC
Northwest OIC
Oshki Manidoo Center
Simonson's Station
Wal-Mart
Tesoro Station

The Debahjimon is a free, monthly publication.



Leech Lake Band of Ojibwe American Rescue Plan Economic Relief Payment to Tribal Members Verification of Need Form

Program Eligibility Requirements:

1. Must be an enrolled LLBO Tribal member.
2. Must be 18 years of age and enrolled with Leech Lake Band of Ojibwe as of 7/12/21.
3. Must demonstrate a need for assistance by checking at least one box on the Economic Impact Directly Related to COVID-19 Pandemic below.*
4. Individual must sign and return this Form to Leech Lake Band of Ojibwe, Emergency Relief Assistance, 190 Sailstar Dr NW, Cass Lake, MN 56633

Eligible Tribal members 18 and over may receive a one-time payment of \$1,375.00.

First Name: _____ Middle: _____ Last: _____ DOB: _____

Tribal ID #: _____ Last 4 SSN: _____ Phone: _____ Email: _____

Physical Address: _____

City: _____ State: _____ Zip: _____

Mailing Address: Same as Physical Address (must be able to receive mail at address provided)

Address: _____

City: _____ State: _____ Zip: _____

Economic Impact Directly Related to COVID-19 Pandemic (check all that apply)

- | | |
|--|--|
| <input type="checkbox"/> Furloughed or Terminated from Employment | <input type="checkbox"/> Purchase of Personal Protective Equipment and Cleaning Supplies |
| <input type="checkbox"/> Unemployed at start of pandemic | <input type="checkbox"/> Member Owned Business closed or run at diminished capacity |
| <input type="checkbox"/> Increased Health Care Expenses | <input type="checkbox"/> Quarantine Costs |
| <input type="checkbox"/> Increased Child Care Expenses | <input type="checkbox"/> Other: Explain, Use back of page if necessary. |
| <input type="checkbox"/> Increased Grocery and/or Food Delivery Expenses | |
| <input type="checkbox"/> Expenses related to Home-Schooling | _____ |
| <input type="checkbox"/> Expenses related to working remotely | _____ |

Disclaimer: In submitting this application, I declare and certify that the information and documentation is true and correct regarding the impact of the COVID-19 public health emergency. I further agree to assist the LLBO in seeking any further necessary verification of the submitted information upon reasonable request. Contact information submitted on this form will be updated in the Tribal Enrollment and Accounting database.

Signature of Applicant: _____ Date: _____

Sign up now with this mailable form.

Leech Lake Band of Ojibwe American Rescue Plan Act Stimulus Payment Program Frequently Asked Questions

Who is eligible for the program?

All enrolled members of the Leech Lake Band of Ojibwe who are enrolled with Leech Lake Band of Ojibwe as of July 12, 2021. Qualified applicants must also have experienced an economic impact as a result of the COVID-19 pandemic and check at least one box in the "Economic Impact" section of the application. **Enrolled members younger than 18 years of age will have funds deposited to Minor's Trust, no application is necessary for these individuals.**

How do I apply?

Online Applications will be available at: <https://hipaa.jotform.com/211924240364146> Online applications will open on July 14, 2021. **Paper Applications can be downloaded from: <https://www.llojibwe.org/covid-19-arpa.html> Paper Applications will open on July 14, 2021.**

How do I submit my application?

All band members are encouraged to use the on-line application whenever possible. Paper applications and the drop off box for these forms are located outside the Tribal Assistance Office at the Dairy Queen building. Applications can also be mailed to Leech Lake Band of Ojibwe, Emergency Relief Assistance, 190 Sailstar Dr NW, Cass Lake, MN 56633. Paper submissions will only be accepted via the drop box or the U.S. Postal Services.

When will I receive my payment?

Payments will begin to be mailed on August 2, 2021 for all applications submitted with no errors and received by 11:59 pm Sunday, July 25, 2021. Please allow at least two weeks from the date of submission after August 2, 2021 before inquiring on the status of your application. Paper applications may take longer.

How will I receive my payment?

All checks will be processed and mailed directly to band members using the information provided on the application, **it is important the applicant is able to receive mail at the mailing address provided, please ensure information is updated with the U.S. Postal Service. There will be no in person pickup allowed.**

How much will I receive?

Each approved applicant will receive a one-time payment of \$1,375.00

What if I do not know my enrollment number?

Your correct enrollment number is required in order to process your application. If an incorrect number is used, your application will be rejected and a staff member will call or email you at number/email address provided on the application. In order to obtain your enrollment number, your social security number and other information will be required. Please contact one of the following numbers:

>218-335-3626
>218-335-3643
>218-335-3601

The online application is not working for me, what do I do?

If the online application is giving you an error or won't allow you to submit, please call 218-335-4429.

Information for the LLBO Economic Assistance Program funded by the American Rescue Plan Act (ARPA) has been posted at: <https://www.llojibwe.org/covid-19-arpa.html>



Leech Lake Band of Ojibwe Tribal Court

200 Sailstar Dr. NW
Cass Lake, MN 56633
218.335.3682 • 218.335.4418

Honorable Paul W. Day **Chief Judge of Tribal Court**
Honorable Amber Ahola **Associate Judge of Tribal Court**

LEGAL NOTICE

Leech Lake Band of Ojibwe in Tribal Court

In the Matter of: Alexander Lasley, Petitioner, And Gilbert Lasley Jr., Respondent,

Case No. CV-21-126

NOTICE

TO THE ABOVE-NAMED RESPONDENT, An Emergency Order for Protection has been issued based on the Affidavit and Petitioner for Order for Protection in this matter. If you fail to respond to this petition, judgement by default will be taken against you.

NOTICE OF RESTRAINING PROVISIONS

SERVICE OF THIS SUMMONS MAKES THE FOLLOWING REQUIREMENTS APPLY TO THIS ACTION UNLESS THEY ARE MODIFIED BY THE COURT OR THE PROCEEDING DISMISSED:

- 1) RESPONDENT SHALL NOT COMMIT ACTS OF DOMESTIC ABUSE AGAINST THE PETITIONER.
- 2) RESPONDENT MUST NOT HAVE ANY CONTACT WITH PETITIONER WHETHER IN PERSON, WITH OR THROUGH OTHER PERSON, BY TELEPHONE, LETTER, OR ANY OTHER WAY.

IF YOU VIOLATE ANY OF THESE PROVISIONS, YOU WILL BE SUBJECT TO SANCTIONS BY THE COURT.

LEGAL NOTICE

Leech Lake Band of Ojibwe in Tribal Court

In Re the Guardianship of: Robert Holstein, Jr. DOB: 09-10-2015. Terri O'Shea, Petitioner, v. Gerri Larose, Respondent.

Case No. FA-21-49

ORDER TO SHOW CAUSE

To: Gerri Larose:

YOU ARE ORDERED TO SHOW CAUSE, if you have any, why guardianship of the above-referenced child should not be granted to the Petitioner in this matter.

The Order To Show Cause hearing shall be held on November 18th, 2021, at 11:00 a.m at the Leech Lake Tribal Courtroom, Tribal Justice Center, in Cass Lake, Minnesota.

If you agree that Robert Jr., should join his sister with Ms. O'Shea as soon as possible, you may contact the Court prior to the date of the hearing (218-335-3682) and the hearing date can be moved to an earlier date. The hearing will be before the Honorable David F. Harrington, Deputy Judge of the Tribal Court.

LEGAL NOTICE

Leech Lake Band of Ojibwe in Tribal Court

In the Matter of the Welfare of the Child(ren) of: Dakota Moses and Ryan Nabors

Court File No. CP-21-18

NOTICE

YOU ARE HEREBY notified that an Emergency Child Protection Petition, Motion for Emergency Custody and Affidavit has been filed in the Leech Lake Tribal Court regarding the child(ren) of the above-named parents. An admit/deny hearing has been scheduled for December 13 at 10:00AM in the Leech Lake Tribal Court. Please Contact Leech Lake Tribal Court Administration for any further questions and/or a copy of the documents. The telephone number is (218) 335-3682 or 3586. You are served with this notice because you are a party to this proceeding. If you fail to appear for this hearing the Court may find you in default and enter an order against you.

LEGAL NOTICE

Leech Lake Band of Ojibwe in Tribal Court

In the Matter of the Welfare of the Child(ren) of: Melissa Wakonabo and Henry Wakonabo

Court File No. CP-21-16

NOTICE

YOU ARE HEREBY notified that an Emergency Child Protection Petition, has been filed in the Leech Lake Tribal Court regarding the child(ren) of the above-named parents. An admit/deny hearing has been scheduled in the next sixty (60) days in the Leech Lake Tribal Court. Please Contact Leech Lake Tribal Court Administration for any further questions and/or a copy of the documents. The telephone number is (218) 335-3682 or 3586. You are served with this notice because you are a party to this proceeding. If you fail to appear for this hearing the Court may find you in default and enter an order against you.

Missed an issue?

Read past and current issues of Debahjimon online!



Visit WWW.LLOJIBWE.ORG/NEWS/NEWS.HTML

LLBO Health Division

minopogwad

"it tastes good"

By Chyrle LaDuke (*Food Distribution*), Josh Red Day (*Diabetes Wellness Education Coordinator*) & Sue North (*Dietitian*)

(1) The definition of Salsa according to the Merriam-Webster dictionary: "a usually spicy sauce of chopped tomatoes, onions and peppers that is commonly served with Mexican food". Salsas can be made in a variety of ways. Such as, red salsa, green (verde) salsa and fruit salsas to name a few. This month's recipe is a cooked red salsa which can be considered a good base recipe that can be adjusted to heat and taste. For a salsa with less heat eliminate the Jalapenos, bell peppers can be added to the banana peppers. For more of a kick, keep the Jalapenos, or add another hot pepper such as Pepperoncini or Anaheim. Add a teaspoon or more of smoked paprika a smokier flavor.

Salsa can be a helpful part of weekly meal planning. Salsa's can be pre-made and canned for the week and used in a variety of ways such as:

- As a baked potato topping instead of high calorie sour cream and butter.
- As a sauce for chicken, fish or other foods.
- As part of the fillings in a taco or burrito.
- In an omelet or mixed with scrambled eggs.
- If a fruit salsa is sweet enough, as a dessert topping
- As a snack with tortilla chips, or raw vegetables

The diabetes clinic garden in the backyard grew a wide variety of peppers of various colors and flavors this summer. If you are considering a backyard or patio garden next summer, peppers of all kinds are great addition and require little space.

Nutritionally, peppers are a good source of fiber, beta carotene, calcium, potassium and a variety of vitamins. Peppers also have a substance called capsaicin which is what makes peppers "hot" or "spicy". Capsaicin is often referred to in medical literature as an (2) "anti-obesity drug" a "spicy solution to the man-

agement of obesity," so use this recipe and incorporate more peppers into your meals.

Ball Complete Home Preserving directions:

1. Fill water bath canner to cover empty jars by at least 1 inch of water. Heat jars to simmer (180 degrees F) to prevent jar breakage.
2. Following a tested canning recipe. Fill a hot jar with prepared food and the rim (headspace) as indicated in the recipe.
3. Wipe any food from the rim of the jar. Center new lid on the jar, then twist on band just until fingertip tight.
4. Place filled jar onto rack in simmering water. Repeat steps 2 and 3 for additional jars. Filled jars should be covered by 1 inch of water. Place lid on canner and heat to steady boil. Boil jars for the time specified in recipe, adjusting for altitude (see chart)
5. Turn off heat and remove canner lid. Let jars stand in water for 5 minutes. Remove from water and cool jars upright on cutting board, wire rack or towel on countertop for 12 to 24 hours

Cited Sources:

1. "Salsa." Merriam-Webster.com Dictionary, Merriam-Webster, <https://www.merriam-webster.com/dictionary/salsa>. Accessed 14 Oct. 2021.
2. J.Z.X.H.X. (2017, June 30). Dietary capsaicin and its anti-obesity potency: from mechanism to clinical implications. PubMed Central (PMC). <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5426284/>

For more recipes and resources on this delicious and variable sauce contact Chyrle, Josh or Sue at the Leech Lake Diabetes Clinic @ 218-335-4511 or stop by.



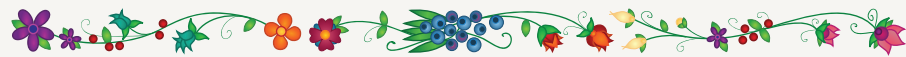
Homemade Cooked Red Salsa for Canning

7 cups of tomatoes-diced	1 ½ cups onions-diced
2 cloves garlic	½ cup banana peppers
¼ cup Jalapeno peppers	¼ cup lime juice
3 oz tomato paste	1 teaspoon salt
1 ½ teaspoon chili powder	1 teaspoon cumin
1 cup fresh cilantro- chopped	12 Canning Jars w/lids

Directions: Boil water for jars. Mix all ingredients in a sauce pan & bring to a boil for about 5 minutes. Fill jars leaving a ½ inch headspace. Boil jars for 15 minutes in water bath. To enhance the flavor of your salsa, veggies can be oven roasted.



Honoring & Celebrating Our Elders October Birthdays



District I

Shari Bebeau
Viola Bellanger
Milton Campbell
Francis Garbow
Thomas Howard
Steven Jackson
Tami Jackson
Wilfred Korpela
Geraldine Nason-dodge
Linda Nason
Florence Parker
Bernard Robinson
Perry Sherman
Gerold White

From the
District I Office
Robbie, Stephanie, &
Zagajiiw

District II

Richard Johnson
Diana Stangel
Leona Shaugobay
Iolanthe Goose
Roger Fairbanks
Bryan Finn
Brenda Greene

From the
District II Office
Steve, Lindsey, &
Michelle

District III*

Robert Banks	Thomas Lyons
Robert Bartel	William Masten
Charles Bobolink	Gary Mitchell
Jill Brown	Beverly Molash
Sherman Brown	David Morgan
Thomas Cloud	Jane Munnell
Darlene Cobenais	Emily Munyer
Sharon Declusin	Melvin Northbird
William Donovan	Freda Oothout
Myron Drummond	Samuel Papasodora
Michael Escobedo	Louis Paquette
Kenneth Fairbanks	Steven Rejholec
Roger Fairbanks	Jennie Reyes
Richard Fineday	Alvin Roy
Patsy Fisher	Richard Schulman
Leon Garbow	Michael Shaw
Geraldine Goodwater	Henrietta Sherer-Nason
Beverly Guernsey	George Smith
Monica Hooker	Dale Tatro
Christina Howard	Jane Valencia
Evelyn Iler	Frances Van Nett
Frank Isaacs	Shannon Washington
Delmar Jones	Cheryl White
Doris Jones	Lois White
Robin Jordan	Jeanne Whitwam
Marcia Kleebe	Machell Wiltse
Geraldine Littlewolf	Margaret Wind
Marvin Littlewolf	Doris Wittner
Keely Losh	

From the
District III Office
LeRoy, Toni & Kari

*all coupons must be used
within Birthday Month*



Leech Lake Band of Ojibwe Summary of Job Openings

www.llojibwe.org | drop off or mail documents to:
Leech Lake Band of Ojibwe – Human Resources
115 Sixth St. NW, Suite E - Cass Lake, MN 56633

Fax documents to: 1-218-335-3697

Call 218-335-3698 or toll free 1-800-631-5528 for more info

THE FOLLOWING POSITIONS CLOSE ON OCTOBER 21, 2021

Accounting Assistant ~ Health ~ Job Code: 21-143

THE FOLLOWING POSITIONS CLOSE ON OCTOBER 26, 2021

Security Officer (2) ~ Human Services ~ Job Code: 21-144

THE FOLLOWING POSITIONS ARE OPEN UNTIL FILLED

Tribal Planner (2) ~ Tribal Development ~ Job Code: 21-005
Emergency Medical Technician (EMT) Attendant (4) (Part Time) ~ Health ~ Job Code: 21-009
Transportation Vehicle Operator (3) (Part Time) ~ Fleet Management ~ Job Code: 21-010
Transportation Dispatcher (Part Time) ~ Fleet Management ~ Job Code: 21-011
Public Maternal Child Health Nurse (2) ~ Health ~ Job Code: 21-015
Mental Health Professional (4) ~ Human Services ~ Job Code: 21-018
Pre School Teacher (Sugar Point/Remer) ~ Education ~ Job Code: 21-020
Infant Toddler Teacher (Onigum) ~ Education ~ Job Code: 21-023
Cook (Cass Lake) (2) ~ Education ~ Job Code: 21-024
Recreation & Fitness Assistant ~ Health ~ Job Code: 21-032
Demographer Research Manager ~ Tribal Development ~ Job Code: 21-033
Infant Toddler Teacher (Bena) ~ Education ~ Job Code: 21-036
Infant Toddler Teacher (Ball Club) ~ Education ~ Job Code: 21-037
WIC Competent Professional Authority ~ Health ~ Job Code: 21-040
Nutritionist ~ Health ~ Job Code: 21-041
Invasive Species Technician (Seasonal) (2) ~ DRM ~ Job Code: 21-043
Aquatic Invasive Species Technician (Seasonal) (2) ~ DRM ~ Job Code: 21-044
Assessment Worker ~ Human Services ~ Job Code: 21-049
Associate Tribal Attorney III ~ Legal ~ Job Code: 21-051
On-Call Crisis Response Mental Health Professional (3) ~ Human Services ~ Job Code: 21-062
On-Call Crisis Response Mental Health Practitioner (5) ~ Human Services ~ Job Code: 21-063
Driver/Operator ~ Heavy Equipment ~ Job Code: 21-072
Pre School Teacher (Ball Club) ~ Education ~ Job Code: 21-076
Pre School Team Leader (Cass Lake) ~ Education ~ Job Code: 21-077
Practice Base Coach Coordinator ~ Education ~ Job Code: 21-078
Training Officer/Emergency Medical Technician ~ Health ~ Job Code: 21-080
Transfer Station(s) Yard Supervisor ~ Public Works ~ Job Code: 21-083
Cass Lake Solid Waste Attendant ~ Public Works ~ Job Code: 21-084
Field Director ~ DRM ~ Job Code: 21-085
Technician (Grave/Swing Shifts) (3) ~ Human Services ~ Job Code: 21-086
Security Guard (O.T.P) ~ Human Services ~ Job Code: 21-094
CTSS Mental Health Practitioner ~ Human Services ~ Job Code: 21-095
ARMHS Mental Health Practitioner ~ Human Services ~ Job Code: 21-096
Mental Health Targeted Case Manager ~ Human Services ~ Job Code: 21-097
Driver (Part Time) ~ Human Services ~ Job Code: 21-098
Mental Health Clinical Trainee (4) ~ Human Services ~ Job Code: 21-099
Naagaanzid Gekinwaa'amaaged (Lead) (2) ~ Education ~ Job Code: 21-101
Clinic Licensed Practical Nurse ~ Health ~ Job Code: 21-105
SACA Coordinator ~ DRM ~ Job Code: 21-106
Driver (2) ~ Health ~ Job Code: 21-107
Registered Nurse (Assisted Living) ~ Health ~ Job Code: 21-111
Office Manager (Ball Club) ~ Health ~ Job Code: 21-113
Mid-Level Provider (2) ~ Health ~ Job Code: 21-114
Home Healthcare Manager RN ~ Health ~ Job Code: 21-115
Nenda-Gikenjiged (Trainee) (5) ~ Education ~ Job Code: 21-117
Gekinwaa'amaaged (Teacher) (5) ~ Education ~ Job Code: 21-118
Cook (Inger) ~ Education ~ Job Code: 21-119
Home Healthcare LPN (2) ~ Health ~ Job Code: 21-122
Cook (Ball Club) ~ Education ~ Job Code: 21-124
Pre School Teacher (Onigum) ~ Education ~ Job Code: 21-125
Security Guard (Part Time) ~ Human Services ~ Job Code: 21-126
Security Guard (Part Time) ~ Health ~ Job Code: 21-127
Community Health Representative (2) ~ Health ~ Job Code: 21-129
Pre School Teacher/Family Service Advocate ~ Education ~ Job Code: 21-130
Infant Toddler Teacher/Family Service Advocate ~ Education ~ Job Code: 21-131
Police Officer (4) ~ DPS ~ Job Code: 21-133
Family Support Specialist ~ Human Services ~ Job Code: 21-134
Case Manager ~ Human Services ~ Job Code: 21-135
Urban Case Manager ~ Human Services ~ Job Code: 21-136
Driver (Part Time) ~ Human Services ~ Job Code: 21-137
Office Manager (Diabetes Clinic) ~ Health ~ Job Code: 21-138
Home Healthcare RN ~ Health ~ Job Code: 21-139
Allotment Specialist ~ DRM ~ Job Code: 21-140
Pre School Teacher (4) ~ Education ~ Job Code: 21-141
Receptionist/File Clerk ~ Human Services ~ Job Code: 21-142
Crime Victim Advocate Supervisor ~ DPS ~ Job Code: 21-145

**Leech Lake Band of Ojibwe
Quarterly meeting**



The regular Quarterly Meeting of the Leech Lake Band of Ojibwe Tribal Council
will take place beginning at:
10:00 AM on Friday, October 22, 2021

Due to COVID-19, the meeting will be held virtually and broadcast online.

Highlights include reports from the Chairman, Secretary-Treasurer and Division Directors.

All interested band members are encouraged to tune in.

Meeting will be broadcast on Facebook Live and on Vimeo here: <https://vimeo.com/624686977>

**Leech Lake Tribal Police
&
Pets for Life**

are teaming with
MNSNAP and SIRVS

**To offer a no cost spay and neuter clinic with
limited vaccinations and wellness checks.**

October 28, 29, 30 and the 31st

**At the Cass Lake Bena High School bus garage
located behind the school**

**Appointments can be made by texting
218-515-0443
OR
emailing ricky.haaland@ltpolice.org**

**Please include: Name; Physical Address; Phone Number;
Pets Name; Age, Weight, Spay or Neuter, Vaccinations or
Wellness**



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give MAX
Nov. 18, 2021



SUPPORT LLTC

SAVE THE DATE
November 18, 2021

Silent Auction • Online Raffle • Taco Sale

CALLING ALL BEADERS / ARTISTS / CRAFTERS

We are looking for donations for our silent auction. If you have something to gift please contact us below and we will be sure to give you/your business a Facebook shout out! We are also accepting non-handmade donations for our silent auction.

Contact Ryan White by phone: 218-513-9476 or email: ryan.white@lltc.edu



CEDAR LAKES
CASINO · HOTEL



Shingobee
SPORTS BAR · MARINA

PROMOTIONS & EVENTS

1 844 LL GAMING



\$500 FREE PLAY

LOTS OF LOT

3X CASH **5X CASH**

FRIDAYS & SATURDAYS
OCT. 29 - NOV. 27, 2021

CASH DRAWINGS (2 RANDOM HOURLY)	BONUS BALLS 2X - 5X CASH PRIZE OR \$100 - \$500 IN FREE PLAY
6PM-7PM: \$100	
7PM-8PM: \$150	
8PM-9PM: \$200	
9PM-10PM: \$250	
10PM-11PM: \$300	

\$200 FREE PLAY

Earn 1 entry for every 10 points, starting Oct. 24th, 2021.
See Players Club for more information and details. Management reserves all rights.

RIVALRY SUNDAY GIVEAWAY

VIKINGS PACKERS

THURSDAYS, 5PM-10PM
THROUGH NOV. 11

WIN UP TO \$300

Final 2 names drawn each night will win cash and a \$1,000 Vikings ticket package for the Nov. 21st game.

- 2 lower level west end zone tickets.
- Pregame party passes in the Vikings Voyage. (2 hours of complimentary food & drinks.)
- Complimentary round trip transportation.

2 random drawings an hour.

Earn 1 entry for every 10 points (100 Players Club points earned each week from 12:01am Sundays to 8:59pm Thursdays.
See Players Club for rules and complete details. Management reserves all rights.

GRIDIRON GURU

SHOW OFF YOUR FOOTBALL SAVVY EACH WEEK & WIN
WEDNESDAYS & THURSDAYS

THROUGH JAN. 6, 2022

1st: \$100 Free Play	6th: \$50 Free Play
2nd: \$90 Free Play	7th: \$40 Free Play
3rd: \$80 Free Play	8th: \$30 Free Play
4th: \$70 Free Play	9th: \$20 Free Play
5th: \$60 Free Play	10th: \$10 Free Play

Players Club members can swipe their card once a week Wednesdays, 9am, to Thursdays, 6:59pm, and make their weekly picks.
(One entry per week per Players Club account.)

BLAZE BIGGER TRAILS

DRAWINGS NOVEMBER 3*

1 UTV and NEARLY \$4,000 in CASH & FREE PLAY GIVEN AWAY AT EACH CASINO

6pm-7pm	2-\$100 Free Play and 2-\$100 Cash
7pm-8pm	2-\$150 Free Play and 2-\$150 Cash
8pm-9pm	2-\$300 Free Play and 1-\$300 Cash
9pm-10pm	2-\$1,000 Cash

PLAY TO WIN
2021 POLARIS RANGER 1000 PREMIUM
(Valued over \$16,000)

***Must be present to win. Earn 1 entry for every 10 points Aug. 1st - Nov. 1st, 2021.**
See Players Club for rules and complete details. Management reserves all rights.

NEW & IMPROVED

Prime Time Tuesday

Members 50+ YEARS OF AGE swipe their Players Club card at a promotional kiosk to win up to \$25 in Free Play and \$5 food offer.

Earn additional kiosk swipes for every 25 points earned from 2am to 11:59pm.

See Players Club for details. Management reserves all rights.

NOV. 6

TICKETS: \$10/\$15/\$20

NOV. 19

TICKETS: \$12/\$18/\$24

DEC. 10

TICKETS: \$27/\$32/\$37

NORTHERN LIGHTS CASINO & HOTEL
Walker, MN • northernlightscasino.com

CEDAR LAKES CASINO & HOTEL
Cass Lake, MN • cedarlakescasino.com

WHITE OAK CASINO
Deer River, MN • whiteoakcasino.com

SHINGOBBE ON THE BAY
Walker, MN • shingobeeonthebay.com