

DEBAHJIMON



*Gidaa-Ojibwemotaadimin
endaso-giizhik.*

We should speak Ojibwe
with each other every day.

NOVEMBER 2012

VOL. XXVIII

NO. 5

FREE

INSIDE

**VOTING
INFORMATION**

4-5

**Be Eye Smart!
&
Over-The-Counter
(OTC) Clinic**

3

**MCT Needs
Address Update For
Nelson Act
Distribution**

9



Carri Jones: Quarterly News Letter

The first quarter of FY 13 was dedicated to strengthening and developing relationships. The country is currently struggling to endure the same economic challenges that our people have faced for decades. High unemployment, lack of housing, and health care concerns are issues that we have all become familiar with. If we are going to continue to seek opportunity for our people, in the face of these challenges, we will need to cultivate a support system built on a foundation of shared interests.

Creating partnerships, or working in collaboration with others allows us to leverage specific resources. Collaboration gives us access to the knowledge and experience of additional human resource, the ability to achieve more with limited finances, and the opportunity to address broader challenges. Over the last quarter I have been working with Tribal, State, Federal and Local units of government. I have also taken time to

meet with a number of community based organizations. I have used these opportunities to share the Bands' vision and to gain support for our efforts.

The National Indian Gaming Association (NIGA) invited me to present on the General Welfare Exclusion (GWE) at the Mystic Lake Casino August 22, 2012. The GWE is a Federal Internal Revenue Service (IRS) doctrine that is used to exclude government provided benefits from federal income taxation. The IRS has been targeting tribes across the nation in an effort to tax tribal social assistance programs without acknowledging the status of our sovereign governments, or our ability to determine the needs of our own tribal members.

They are challenging all forms of tribal government provided benefits: Education, Burial Services, Health-care, Transportation Services, and Housing. They even challenge the work that tribes do to preserve and protect our culture

(honorariums). In various examinations initiated over the past five to seven years, the IRS has examined and/or asserted tax liabilities with respect to the aforementioned tribal programs and others.

The Leech Lake Band of Ojibwe is currently under IRS scrutiny. They have entered the reservation in an effort to tax our tribal members on the social assistance benefits they receive from the tribal government. Leech Lake and many other tribes are taking a stance against the targeted taxation of tribal assistance programs. We have partnered with Tribal organizations such as NIGA, the National Congress of American Indians (NCAI), and the Native American Finance Officers Association (NAFOA) in an effort to include tribes in future tax reform, and to assure the GWE applies to all tribal government social welfare programs.

Working in collaboration with NIGA, NCAI, and NAFOA will assist Leech Lake with addressing our IRS concerns. These organizations represent many of our tribal nations and serve as the collective voice of Indian Country in Washington D.C.

Additionally, working with these organizations allows us to network with the tribal nations they represent. Over the years Indian Country has been able to look to Leech Lake for guidance in the areas of Natural Resource Management, Human Services Programming, Education, Gaming and Tribal Sovereignty. It is important for us to remember that we can also look to Indian Country for similar guidance.

On Thursday September 19, 2012 Minnesota Governor Mark Dayton (D) and members of his cabinet held consultations with tribal leaders as part of a government effort to address disparities in education and health care, concerns about natural resources, dissatisfaction with the MN DNR regarding the

continued on page 2

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Carri Jones: Quarterly *continued from page 1*

Wolf Hunt and other issues important to Minnesota tribal leaders.

Larry Pogemiller, Director of the Minnesota Office of Higher Education expressed his agency’s desire to assist with increasing post secondary educational attainment within Indian country. During this conversation I was able to highlight the Leech Lake Tribal College (LLTC) and the cultural influences that contribute to its continued success. The LLTC is a proven model and speaks to our ability to promote the pursuit of knowledge within our culture and the need for state agencies to support our efforts in doing so.

Other tribes expressed interest in the mission of the Leech Lake Tribal College and discussed touring the facility with prospective students from their communities.

I have volunteered to work with other tribal leaders and the Director of Higher Education to set up a round table to discuss the hardships of our band members trying to attend higher education and what we can do together to help elevate some of those burdens. I hope to host these discussions at the Leech Lake Tribal College.

On September 28, 2012 myself and members of my staff met with Vern Laplant Director of Indian Policy for the Minnesota Department of Human Services. We discussed a broad range of self sufficient services that could be administered by the tribe. We also discussed the need to invest in infrastructure to accommodate increases in service and coordinate the efficiency of our service delivery. We also discussed the need for a specialized workforce to accommodate this sort of growth and to maximize our billing capabilities.

Human services infrastructure projects and future program administration include the construction of a health and human services facility in the Cass Lake area of District III, the construction of a culturally appropriate youth crisis center in the Ball Club area of District I, and youth and adult treatment facilities within the District I and District II communities.

The LLTC and University of Minnesota Duluth (UMD) are engaged in collaborative discussions around creating a two year human services applied science degree program, to be offered at the LLTC, and Transferable to UMD’s Bachelors of Social Work program. We have a dedicated partner in Leech Lake tribal member John Day, Director of American Indian Projects in the Department of Social Work at UMD. In order for this effort to be successful the council and the board of trustees will need to continue emphasizing the importance of Human Service professionals within the tribal workforce.

August 29, 2012 Secretary Treasurer Finn, District III Rep Staples-Fairbanks and I met with Minnesota Commissioner of Revenue Myron Frans. This meeting was the result of an ongoing tax dispute involving the sale of native brand cigarettes. The State of Minnesota is currently withholding Leech Lake’s portion of taxes collected on the sale of tobacco products within the boundaries of the reservation. The state argues that the tribe is bound by outdated tax agreements that have proven to outrun their use.

We acknowledged the commissioner’s efforts to encourage negotiations centered on a new tax agreement. However, we expressed that it was inappropriate for the state to withhold our proceeds from tobacco products to get us to the table. We also expressed our curiosity as to what the state was doing with the money they are currently withholding from us. Commissioner Frans explained that the money is placed in the state general fund. I expressed the desire to establish an escrow account for these funds to be deposited in until our dispute has been finalized. I explained to the commissioner that this is needed to assure our tax proceeds aren’t absorbed by state budget shortfalls.

We also expressed our desire to renegotiate the tax agreements. We explained that these agreements were a mechanism of the past and that we would prefer updated agreements that separate the taxable items into multiple tax agreements. The attorney for MN Revenue commented to the effect that this was a realistic option. However it may cause an administrative burden to their agency. We now know that the state would be willing to accept some of our terms throughout these negotiations as indicated by the attorney’s comment. I believe that we will successfully renegotiate the tobacco agreements along with the return of our tax proceeds. I believe that the state’s current administration is committed to working with tribes in a government to government

relationship and that administrative burdens will have no effect on our ability to come to mutually beneficial agreement.

July 22, 2012 Secretary Treasurer Finn, District II Representative White, and I traveled to Washington D.C. to introduce ourselves to Minnesota’s congressional delegation. We continue to lobby for a new high school building for the Bug-O-Nay-Ge-Shig School. Project for IHS, additional services added to the Cass Lake IHS, land issues, agriculture ideas with USDA, and memorandum of understanding with Chippewa National Forest.

August 27, 2012 I was joined by members of my staff in a meeting with Darla Lenz, Chippewa National Forest (CNF) Forest Supervisor and Neil Peterson, CNF Tribal Liaison. We discussed the need to update a long standing memorandum of understanding (MOU) between the CNF and the Band. Supervisor Lenz is committed to working with the tribe in the areas of economic development, as well as workforce development and training.

Economic opportunities associated with forest management encompass a range of different activities. We are hoping to take advantage of these opportunities for our Temporary Employment Program. Contacts awarded to this program for forest management will supplement their operating budget and decrease their reliance on gaming revenue. We also discussed the possibility contracting general foresters from a pool of certified temporary laborers supplied by the TEP program. The certification would be developed in collaboration with the CNF and LLTC.

We also hosted a White House Rural Roundtable at the Northern Lights Event Center on September 10, 2012 as a follow up to our D.C. meetings with the USDA. During this meeting we continued to express our desire to supply the USDA with wild rice for use in its tribal food distribution programs. We believe it is important for our people to sustain a traditional diet of natural food sources. We also highlighted the residual benefits of becoming a food vendor to USDA.

Throughout the quarter my staff and I have also met with several organizations regarding economic development. We had the opportunity to meet with Itasca and Cass Counties Economic Development Corporations, the Minnesota Indian Chamber of Commerce and the Blandin foundation.

On October 24, 2012 the band hosted The Greater Minnesota Resource and Government Procurement Fair. This event was put together to provide community members access to business resources and tools to make them more competitive in government markets. It is important for the Band to provide our membership with opportunities to create their own businesses I feel that this is one component to tribal economic development that is often overlooked.

Finally, President Obama signed H.R. 1272, the Nelson Act Settlement Distribution into law on October 5, 2012. The Nelson Act legislation had been opposed by Leech Lake Leadership for many years, unfortunately it did not go our way. Each MCT Enrolled member will receive a \$300.00 per capita payment. The remainder of the money will be split six ways between the MCT Tribes.

The Tribal Council passed a resolution to place payments made to children under the age of into trust accounts. The money will earn 3.5% interest and be available to eligible band members when they turn 18. Any funds not claimed by individuals within a year time frame will go back into a pool of money and be redistributed to back to the six bands.

So far the Council has not met on what to do with the remainder of the Nelson Act or the Salazar Settlement funds. We are going to make sure the input of band membership is taken into serious consideration. I encourage each and every band member to contact their district representatives to assure your input is reflected in the council’s decision.

We have had a very busy and productive first quarter, but we are going to need to continue to keep this pace if we are to move our nation forward. We are not alone in our efforts. It is important for us to sustain meaningful relationships while seeking solutions. Identifying shared interests and the desire for similar outcomes will give us the ability to mobilize more resources and develop the support structure needed to successfully accomplish our goals. Miigwetch!



Be Eye Smart!

By: Amy Buckanaga, RN IHS Cass Lake MN

Do you realize how much you depend on your vision? Your ability to drive a car, work, play, recognize faces, or read a book to a child or for your own enjoyment is affected by not having healthy vision. That is why it is important to make you eye health a priority.

Signs or Risk Factors for Eye Disease

The following are just a few of the signs or risk factors of eye disease:

- Bulging of one or both eyes;
- Decreased vision, even if temporary;
- Diabetes mellitus;
- Distorted vision;
- Double vision;
- Excess tearing;
- Eyelid abnormalities;
- Family history of eye disease;
- Halos (colored circles around lights);
- High blood pressure;
- HIV or AIDS;
- Injury to the eye;
- Loss of peripheral (side) vision;
- Misaligned eyes;
- Pain in the eye;
- Unusual red eye
- New floaters (black “strings” or specks in the vision) and/or flashes of light;
- Dark curtain or veil that blocks your vision;
- Thyroid disease-related eye problems (Graves’ disease);

Diabetic retinopathy is a leading cause of blindness. American Indian/Alaska Native people now have the highest published rates of Type 2 diabetes in the world and nearly 15% of adults over the age of 20 have diagnosed diabetes (IHS, 2004). During the decade of the 1990s, diabetes prevalence rates in children and young adults increased by nearly 50% (Acton, 2002). Although effective treatment for reducing the risk of blinding diabetic retinopathy is available, many patients with diabetes do not receive evaluation and treatment in time to minimize the risk of vision loss.

Cass Lake Hospital Pharmacy Otc Clinic Provides Medications Without A Doctor Visit

Cold and flu season is back again and the pharmacists at Cass Lake Pharmacy would like to remind the community about their over-the-counter (OTC) medication clinic. Our pharmacists can help you decide whether you should see your doctor or if you can be treated with an over-the-counter medication. If you have a sick child, they can help you choose a safe medicine and figure out the right dose to give to your child. OTC medications are drugs that you could buy at the store without a prescription. These medicines are provided free of charge through the OTC clinic after meeting with a pharmacist. The OTC clinic has been providing

OTC medications to patients eligible for care at Indian Health Services for almost 2 years. The clinic is held at the Cass Lake Pharmacy and is available on a first-come, first-serve basis from 9:30am -5pm Monday through Friday. Pharmacists are available to help patients choose OTC medications for health conditions including:

- Cough and cold
- Constipation and diarrhea
- Heartburn
- Allergies
- Pain and fever
- Wart removal treatment
- Smoking cessation
- Diaper rash, acne, poison ivy, athlete’s foot and other mild skin conditions

The clinic also provides vitamin supplements for children and adults, emergency contraception (Plan B), and various other products including lotions and eye drops. The pharmacists at Cass Lake will be happy to provide you with an appropriate medicine and answer any questions you may have.

WHO: Anyone over 1 year old that is eligible for care with Indian Health Services
WHEN: 9:30 am – 5 pm, Monday - Friday **WHERE:** Cass Lake Hospital Pharmacy
Questions? Call us at 218-335-3293

When is it time to “get your eyes checked”?

Vision screening begins at birth and should continue throughout your life cycle. Vision screening is often performed as part of your child’s “well child assessment” from birth to three. Cass Lake Indian Health Service encourages yearly eye exams, as soon as the child is old enough to cooperate with the eye exam (usually 3 years to 3 ½ years). Based on the results of the initial screening, an phthalmologist/optometrist will prescribe the necessary intervals for follow-up exams. The American Academy of Ophthalmology now recommends that adults with no signs or risk factors for eye disease get a baseline eye disease screening at age 40. This is similar to the recommendations for mammograms in women beginning at age 40 and colonoscopies for both men and women beginning at age 50.

Scheduling Appointment

Cass Lake Indian Health Service Unit is excited to introduce a new addition to the staff; Dr. Lindsey Marvel, optometrist. Dr. Marvel is an enrolled member of the Caddo Tribe of Oklahoma. She grew up in Oklahoma City, Oklahoma, attended undergraduate program at California State University, Long Beach on a tennis scholarship. She then went to optometry school at Indiana University and is an Indian Health Service Scholarship recipient. Her clinical experience included: a primary care/ocular disease rotation at Pinon Indian Health Service in Navajo area, a primary care rotation at Alamo Eye Care in San Antonio Texas, an ocular disease rotation at the Eye Institute of Utah in Salt Lake City, Utah, and a pediatrics and contact lens rotation at Atwater eye center in Bloomington, Indiana.

Dr. Marvel is incorporating a new scheduling format called Advanced Accessing Scheduling. This is a mixture of scheduled (30%) and same day (70%) appointment slots. So depending on the time you call, there is a good chance you could get seen the same day, or within the next 2-3 days compared to the old system where your appointment was booked 2 months out. This has met with good results so far. If you are 10 minutes late for your appointment, you will be asked to reschedule.

Scheduling and keeping your eye appointments are an essential step toward preserving your vision and keeping your eyes healthy. For an appointment call: 218-335-3253 or 888 -257-8067.

ATTENTION Regarding concerns on the Fungal Meningitis Outbreak
Cass Lake Indian Health Service Unit and the Leech Lake Tribal Health Clinics received no drugs produced by the New England Compounding Center (NECC).

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Chris Haugene Managing Editor Ryan White Graphic Design/Photography
Phone: (218) 335-8225 • Fax: (218) 335-3660 • www.llojibwe.org

LEECH LAKE BAND OF OJIBWE GET OUT THE NATIVE VOTE 2012

**General Election is Tuesday
November 6, 2012.**

The deadline to pre-register to vote in the General Election is October 16, 2012 by 5:00 p.m. at your county seat. Voters not currently registered who wish to vote in the General Election may also register to vote on Election Day at your county seat.

Mail-in voting. The ballot consists of two sides 1) State Partisan Primary where you may only vote one political party (if you deviate from voting one political party - your ballot will not be counted) and 2) State and County Nonpartisan Primary.

If you are in a mail-in precinct (Cass River, Bena, Ball Club, Winnie Dam, Inger, Federal Dam, Sugar Point, Onigum, Old Agency, Oak Point, Buck Lake, & Kego Lake) and a registered voter, you may expect to receive your ballot in the mail anywhere from October 6, 2012 to October 20th, 2012. Follow the instructions clearly detailed in your ballot packet. **You have until Wednesday, October 31, 2012 to mail the mail-in ballot for it to arrive on Election Day at your county seat.**

If you have not received a ballot in the mail, you may go to the County Seat to register to vote and vote anytime up to 8:00 p.m. on Election Day – November 6, 2012.

Your voter registration remains current until you move, change your name, or do not vote for four consecutive years. You may update your registration information by completing another Voter Registration Application.

To be eligible to vote you must meet the following criteria:

- Will be 18 years-old on Election day (November 6, 2012).
- Are a citizen of the United States
- Will have resided in Minnesota for 20 days immediately preceding Election day
- Have any felony conviction record discharged, expired or completed
- Are not under court-ordered guardianship where a court has revoked your voting rights
- Have not been ruled legally incompetent by a court of law

Registering on Election Day

If you are not registered to vote or need to update your registration information, you may do so at your local polling location on Election Day as long as you can provide proof of residence.

To register at your polling site on Election day, you must bring one of the following with your current name and address to verify your residence in the precinct:

- A Tribal ID that contains your picture and signature
- A valid MN driver's license, learner's permit, MN ID card, or receipt for any of these
- A valid student ID card including your photo, if your college has provided a student housing list to elction officials
- A valid registration in the same precinct under a different name or address
- A notice of late registration sent to you by your county auditor or city clerk
- A voter registered in the same precinct as you who can confirm your address with a signed oath
- An employee of the residential facility where you live who can confirm your address with a signed oath
- If your photo ID does not have your current address you will need both 1) a photo ID from the list below and 2) a current bill from the list below with your current name and address in the precinct

Photo IDs (may be expired)

- Tribal ID
- MN driver's license
- MN ID card
- US passport
- US military ID
- MN university, college or technical college ID card

Bills (delivered electronically or by mail)


- Utility bill due within 30 days of Election day: Electric, Gas, Solid Waste, Sewer, Water, or Internet
- Telephone (landline, cell, VOIP, etc)
- TV (cable, satellite, etc.)
- Rent statement dated 30 days of election day that itemizes utilities
- Current student fee statement

County seat polling locations

Beltrami – Auditor's Administration Bldg 701 Minnesota Ave. NW Suite 220, Bemidji, MN
Cass – Auditor-Treasurer's Office Courthouse 303 Minnesota Avenue W, Walker, MN
Hubbard - Auditor's Office Courthouse 301 Court Ave., Park Rapids, MN
Itasca – Auditor/Treasurer's Office 123 NE 4th Street, Grand Rapids, MN

For more information:

Native Vote Alliance of Minnesota Representative Eva Wilson or Sally Fineday at 335-8200 MN Secretary of State website: www.sos.state.mn.us



RODNEY WHITE

CASS LAKE/BENA SCHOOL BOARD

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Leech Lake Reservation Cities and Townships 2012

County	Precinct/Township	Polling Place	Hours
Beltrami	Frohn	Frohn Town Hall	7 a.m.- 8 p.m.
Beltrami	Moose Lake	Mail-in	
Beltrami	Sugar Bush	Mail-in	
Beltrami	Ten Lake	Ten Lake Town Hall	7 a.m.- 8 p.m.
Cass	Bena	Mail-in	
Cass	Boy Lake	Boy Lake Town Hall	10 a.m.- 8 p.m.
Cass	Boy River	Mail-in	
Cass	Boy River Township	Mail-in	
Cass	City of Cass Lake	Cass Lake City Hall	7 a.m. – 8 p.m.
Cass	City of Walker	Walker City Hall	7 a.m. – 8 p.m.
Cass	Federal Dam	Mail-in	
Cass	Gould Township	Mail-in	
Cass	Hardwood South Unorg.	Mail-in	
Cass	Inguadona	Mail-in	
Cass	Kego	Longville Fire Hall	7 a.m.- 8 p.m.
Cass	Leech Lake	Leech Lake Town Hall	10 a.m.- 8 p.m.
Cass	Pike Bay	Pike Bay Town Hall	7 a.m.- 8 p.m.
Cass	Pine Lake Township	Mail-in	
Cass	Shingobee Precinct 1	Shingobee Town Hall	7 a.m.- 8 p.m.
Cass	Shingobee Precinct 2	Onigum Community Ctr	10 a.m.- 8 p.m.
Cass	Turtle Lake	Turtle Lake Town Hall	7 a.m.- 8 p.m.
Cass	Wilkinson	Wilkinson Town Hall	10 a.m.- 8 p.m.
Hubbard	Farris	Farris Town Hall	7 a.m. – 8 p.m.
Hubbard	Hart Lake	Hart Lake Town Hall	7 a.m. – 8 p.m.
Hubbard	Lakeport	Lakeport Town Hall	7 a.m. – 8 p.m.
Itasca	Ball Club	Mail-in	
Itasca	Bowstring	Mail-in	
Itasca	City of Deer River	Deer River City Hall	7 a.m. – 8 p.m.
Itasca	Deer River Twp	Deer River Community Ctr	7 a.m. – 8 p.m.
Itasca	Inger	Mail in	
Itasca	Morse Twp 1	Morse Community Ctr	7 a.m. - 8 p.m.
Itasca	Morse Twp 2	King School	7 a.m. – 8 p.m.
Itasca	Oteneagen	Oteneagen Town Hall	10 a.m.-8 p.m.
Itasca	Winnebigoishish	Mail-in	

**The Leech Lake Early Childhood Program,
District II Representative Steve White
& the Community of Sugar Point**
invites interested parties to an open house
at the newly built Head Start Center.

The Open house is scheduled to start at 12:30 pm on November 29, 2012 followed by a meal for all attendees. Please come and celebrate this great achievement that is the reflection of several programs from within LLBO coming together to share a common goal.

VOTE

Democrat-Farmer-Labor (DFL)

General Election November 6, 2012

These are your Endorsed DFL Candidates for your respective area:

Barack OBAMA (President)

Amy KLOBUCHAR (U.S. Senate)

U.S. Congress

- Rick **NOLAN** (8th Congressional District)
- Collin **PETERSON** (7th Congressional District)

State Senate District 5

- Tom **SAXHAUG** (State Senate District 5)
- John **PERSELL** (State Representative District 5A)
- Tom **ANZELC** (State Representative District 5B)

State Senate District 2

- Rod **SKOE** (State Senate District 2)
- Roger **ERICKSON** (State Representative District 2A)

VOTE NO on the Republican Photo I.D. Constitutional Amendment
*The same Republicans who fought against State acceptance of Tribal I.D. are supporters of the Photo I.D. Amendment.
DFLer's Please Vote.
Use this as a guide for your DFL endorsed candidates.

Leech Lake Band Of Ojibwe
Get out the Native Vote
"Need A Ride To The Polls On Election Day"

Native Vote Headquarters
Veteran's Building
next to Palace Casino Cass Lake, MN
(218) 335-7034

District I Team
David Cronin, Ball Club (218) 556-9720
Wayne Cronin, Ball Club (218) 556-9720

District II Team
Pat Moose, Bena (218) 368-6835
Beau DeVault, Inger (218) 910-0222

District III Team
Carol Jenkins, Cass Lake (218) 308-3256
Cherlene Jenkins, Mission (218) 536-0299
Eli Hunt Onigum / Old Agency (218) 507-0881

District III Team 2
Amanda Youngrunningcrane (218) 398-3107

Minneapolis Team
Tammy Paquette 763-291-8708

Government Affairs
Sally Fineday (218) 368-1766
Eva Wilson (218) 760-5843
Eli Hunt (218) 760-2116



**Native
Vote**
Every Vote Counts

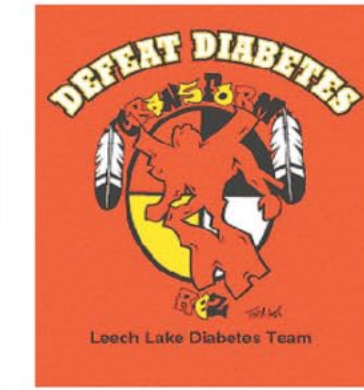
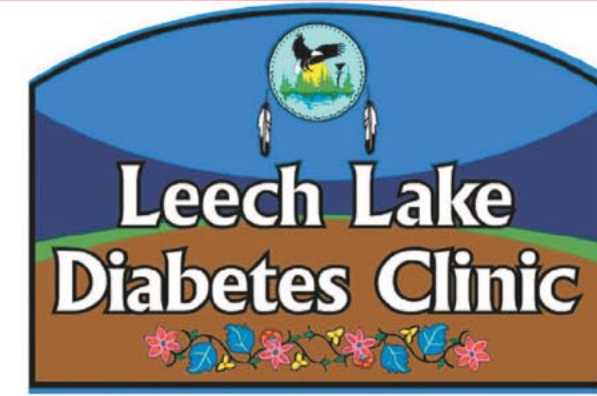
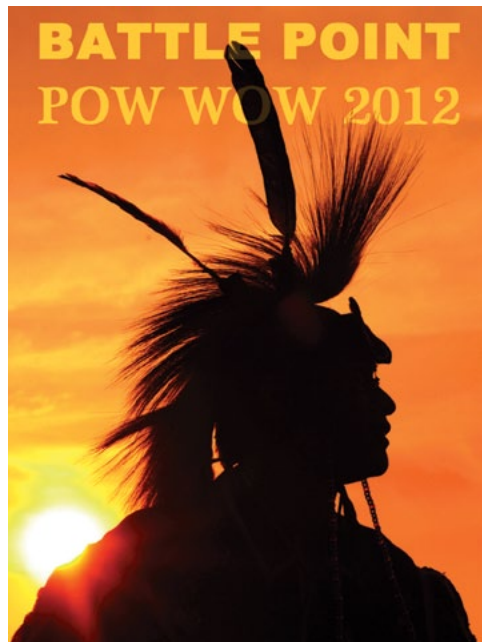


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<p>November 3rd & 4th Sylvia Browne Saturday: 7:00 pm • Sunday: 4:00 pm Tickets: Saturday: \$34/\$39 • Sunday: \$28/\$35</p>	<p>November 9th Hunko the Show 7:00 pm Tickets: \$15/\$20</p>	<p>November 17th Larry Gatlin and the Gatlin Brothers 7:00 pm Tickets: \$24/\$29</p>
<p>December 1st King of the Cage Fire & Ice 7:00 pm Tickets: \$39/\$44/\$49</p>	<p>December 8th Jerrod Niemann 7:00 pm Tickets: \$19/\$24</p>	

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In honor of
NATIONAL DIABETES MONTH ...

The staff at the Leech Lake Diabetes Clinic would like to invite you to join us for the...
LEECH LAKE DIABETES EXPO
 on Thursday, November 15,
 from 10 a.m.-2 p.m.
 (At the Facility Center Concourse)

The mission of the Leech Lake Diabetes Clinic is to empower our communities to ultimately defeat diabetes and to improve the quality of life for those living with diabetes.

The Leech Lake Diabetes Clinic is conveniently located on the corner of Hwy. 371 and 2nd Street in Cass Lake and the staff will is always available to answer any questions. We provide diabetes management days at the Cass Lake Clinic as well as at Ball Club, Inger, and Bemidji. Come and join our Transform Rez team to defeat diabetes and transform the Rez one person at a time. Clinic hours are Mon.-Fri, 8 a.m. to 4:30 p.m. and Tues, 8 a.m. to 6:30 p.m. or can be reached at 218-335-4511. Door prizes will be given away on November 15 at the Facility Center.

A light lunch will be served including Wild Rice Hominy Soup and Wild Rice Bread along with fruits and beverages, in collaboration with the Leech Lake Food Distribution Program. Assisting with LLFD program in preparing the light lunch is Chyrle LaDuke who offers cooking classes "Cooking Healthy with Commods," at the LLFD office. For more information contact her at 218-335-4529 or Susie Roy, Program Manager of LL Food Distribution at 218-335-2676.



CLINIC STAFF: Front: L-R: Kelly Zellmann, RD/LD; Stephanie Oothoudt, Data Coordinator/CNA; Carole Forseman, RN/CDE; Laurie Carlson, LPN. Back Row L-R: Jody DeVault, Health Educator; Kara Randall, Program Manager and RN/CDE; Joe Rubash, CNP; Gabe Haaland, Clinic Receptionist/CNA and Rose Jackson Administrative Assistant.

INFORMATION DISPLAY BOOTHS WILL BE AVAILABLE FEATURING:
 LL Diabetes Clinic
 LL Diabetes Fitness Center
 IHS Dental Care, Eye Care, Foot Care, Pharmacy
 Tribal College Wellness
 Boy's and Girls Club
 Tribal Nutrition
 REACH (Resource Education and Community Health)
 Displaying LL Health Division Programs.

"Together Raising Awareness for Indian Life"

Exercise and Type II Diabetes
 Diet and exercise can help normalize your glucose levels. Exercise will help you lose weight and improve glucose control and insulin effectiveness. Exercise will also lower your risk of heart disease, which is common in people who have diabetes. Monitoring blood glucose before and after exercise is essential in understanding how you respond to different types of activities. Talk to your doctor before you start exercising to find out what kind of exercise is right for you. Always remember to warm up and cool down. This consists of 5-10 minutes of low intensity exercise followed by 5-10 minutes of gentle stretching.



FITNESS CENTER STAFF: Lisa Hemachandra, Fitness Assistant/Office Manager; Eric Jackson, Program Director; Josh Red Day, Fitness Assistant; Jess Hensel, Fitness Specialist.

American Diabetes Month is November

Minnwaaajimo (Telling good news)

~from the desk of Cynthia Johnson, Bug O Nay Ge Shig School Superintendent

Manaaji'idiwin (respect)

On Wednesday, Oct. 24, an event entitled *Rachel's Challenge* was presented to students and families of the Bug O Nay Ge Shig School. Sponsored by Lake Country Power, *Rachel's Challenge* seeks to spread a message of respect and kindness as a way to create a more compassionate nation and world.

Manaaji'idiwin is one of the seven values that guide the Anishinaabe people. Respect for self, others, the land, and the water are key concepts upon which the Bugonaygeshig School was founded.

Rachel's Challenge was established as a tribute to Rachel Joy Scott who was the first student killed in the Columbine school tragedy. The program presenter, known only as Bill, shared high energy video clips and training that included reflection and audience participation designed to empower students to create a culture of kindness and compassion. "Start a chain reaction," he told the students. "Your words can make a difference for those you speak to everyday."

High school students participated in leadership training and were encouraged to develop school programs for themselves and elementary students. Teachers and staff members will work with students throughout the year in hopes of creating a permanent change in school culture and the way students interact with each other.

In the words of Rachel Scott, "People will never know how far a little kindness can go."

Feature Teacher: Naabekwa, also known as Adrian Liberty, is the kindergarten teacher in the Niigaane Immersion School. He was recently recognized for his work with the prestigious honor of being named the Minnesota Indian Educator of the Year at the recent Minnesota Indian Education Association Conference held Oct. 11.

Naabekwa has taught with the Niigane School since its inception 9 years ago. He was pursuing a degree at Bemidji State University in Environmental Science, but left the program to teach at Niigaane. Naabekwa is determined to keep the ancient Ojibwemowen language alive and to teach the customs and culture of the Anishinaabe way. Along with co-workers and elders, Naabekwa teaches children entirely in the Ojibwemowen language and has helped develop the teaching materials and strategies to effectively teach and speak the language.

On a personal note, Naabekwa's favorite color is blood red. He enjoys drumming and singing and his favorite sport is mixed martial arts. His favorite quote is from the movie, *Braveheart*, "Your heart is free... have the courage to follow it."

Naabekwa's advice to other is to "Address problems as they arise ... don't just walk away from them"

Upcoming events: The end of the quarter is Friday, Nov. 2 and there is no school for students on Monday, Nov. 5.

High school students in grades 10-12 will be visiting the Leech Lake Tribal College on Tuesday, Nov. 6. During the day, students will tour the campus and experience college life by taking the college placement tests and attending college classes.

There will be a Powwow on Nov. 20. The Grand Entry will be at 1:00 p.m. and the community is invited to attend.

Gigawaabamin minawaa.



LEECH LAKE BAND OF OJIBWE WIC FOR NOVEMBER 2012

Leech Lake Band of Ojibwe WIC Program will be holding WIC clinics for the month of November as follows:

WIC CLINICS AT THE NEST

Nutrition Education Sessions and Certifications by appointment only 8:00 a.m.-11:30 a.m. and 1:00 p.m.-3:30 p.m.

Monday: November 5, 8, 19, and 26 Wednesday: November 7, 14, 21 and 28

Tuesday: November 6, 13, 20 and 27 Friday: November 2, 9, 16, and 30

WIC CLINICS AT OUTLYING CLINICS

1st Thursday, November 1st - **Onigum Community Center**

Appointments 10:00 a.m. - 12:00 p.m.

2nd Thursday, November 8th - **Inger Clinic**

Appointments 10:00 a.m. - 2:00 p.m.

3rd Thursday, November 15th - **Ball Club Community Center**

Appointments 10:00 a.m. - 3:00 p.m.

4th Thursday, November 29th - **Bena Clinic**

Appointments 10:00 a.m. - 12:00 p.m.

If you need to schedule a WIC appointment please call 218-335-8386 or 1-866-289-5995.

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability.

Minnesota Chippewa Tribe Member Survey Attention all Minnesota Chippewa Tribe members!!

The Minnesota Chippewa Tribe (MCT) will be conducting a survey to help us learn more about the blood quantum of MCT members and their descendants.

We will use the information from this survey to determine what other tribal affiliations (non- MCT) exists within families of enrolled members. However, no enrollment criteria will be changed as the result of this survey – it is for information gathering purposes only.

Approximately 3000 enrolled MCT members will be invited to participate in this study using scientific random sampling – all MCT Band members eighteen (18) years of age and older have an equal chance of being selected to participate.

MCT hired Wilder Research to conduct this survey. We will start contacting MCT members in fall 2012. **If you are invited, we hope you decide to participate. Your participation and accurate information are vital to the validity and success of this survey. With a completed survey, you will be entered into a drawing with other survey participants.** If you are not selected to participate, but you would like to participate or learn more about the survey, you can visit www.mnchippewatribe.org.

If you have any questions or concerns about the survey, please call Joel Smith, Special Projects Coordinator or Brian Brunelle, Director of Administration at (218) 335-8581.



1st Annual Local Indian Council Summit Agenda

Northern Lights Event Center Walker, MN

Friday, November 9, 2012 9:00 am – 4:00 pm

8:00-9:00:	Registration/Light Breakfast
9:05:	Invocation/Prayer-Mike Smith Drum-Timberland
9:15:	Introduction - Nicole Beaulieu, will also introduce Carri Jones
9:20-9:35:	Council members Statements
9:35-9:50:	Brief Introductions by LIC Chairs
9:50:	Mission Statement of LIC Summit.
	-What is an LIC? What is the purpose of an LIC?
	-Redefining ourselves, defining our responsibilities.
	-Commitment to community.
	-Elections. When? How?
10:30:	Revision of By-Laws. Need input from ALL LICs.
	-Robert's Rules of Order
12:00-1:00:	Lunch
1:00:	Discussion Tables/Breakout sessions on the following topics: (30 minutes @ each breakout, rotate)
	-Self governing body
	-MCT & U.S Constitution/Sovereignty
	-Treaty Rights
	-Jobs, Affirmative Action
	-Empowering the people
	-Youth & Elders (Village League Sports & Programs/Activities)
	-Hierarchy to LICs (Council)
3:45:	Conclude with Communication, Contact List, Web link on llbo.org
3:50:	Closing Statements
4:00:	Traveling Song

Nelson Act Distribution

Minnesota Chippewa Tribe needs all enrolled band members to update their addresses with MCT enrollment office. Information that they require is your full name, date of birth, address and social security number.

Online form: http://www.mnchippewatribe.org/pdf/address_update.pdf

Mail to: The Minnesota Chippewa Tribe PO Box 217 Cass Lake, MN 56633

Phone: (218) 335-8581

Fax: (218) 335-8496

Physical address: MCT Building 15542 State 371 NW Cass Lake, Minnesota.

LEECH LAKE RESERVATION 2012 TURKEY SCHEDULE

The Leech Lake Tribal Council will give 1 TURKEY PER HOUSEHOLD to enrolled members of the Leech Lake Reservation and the Leech Lake Band Members adjacent to the Leech Lake Reservation.

SCHEDULE FOR PICK UP AT THE FOOD DISTRIBUTION BLDG

Thursday, November 15th 10am - 3:30pm

Friday, November 16th 9am - 3:30pm

Monday, November 19th 9am - 3:30pm

Bring a Tribal ID and household utility bill. For more information 218-335-2676

ATTENTION DISTRICT II VETERANS

The Bena Local Indian Council, Leech Lake Tribal Council & Community Members are cordially inviting you to a dinner in your honor to be held on

Saturday, November 10, 4:00 p.m.
Bena Community Center (Old Housing)

Welcome and Opening Ceremony

Steve White, District II Representative

Pledge of Allegiance

Blessing of the Food

Feast Prepared by

Bena Local Indian Council and Community Member

Presentation of Gifts

Deb Beaulieu, Bena Local Indian Council Chairperson

Closing Remarks

Teddie Redwing, Administrative Assistant for LL Veteran's Affairs

If you are in need of transportation, feel free to call Leech Lake Veteran's Affairs Office
Frank Bowstring – 218-760-9875 Teddie Redwing – 218-760-8218
For more information contact Terri Goggeley at 665-2350.

DRM to test for TB & CWD in Deer

For the past few years, the Leech Lake Reservation, Division of Resources Management has been testing for Chronic Wasting Disease (CWD), and Bovine Tuberculosis (TB) in white-tailed deer harvested by tribal members on the Reservation.

For additional information on this program, Bovine TB, or CWD call the DRM office at 335-7421.

Criteria for participating in the sampling is outlined below.

A \$25 gas voucher for the Che-We Store will be provided for the first 60 deer that we can get samples from.

- Starting October 1st you can bring your adult deer to the Leech Lake Division of Resources Management Office in Cass Lake from 8:00am to 4:30pm, Monday-Friday.

- We will not collect samples from fawns and cannot except head-shot deer, or deer that have started to decay.

Honoring & Celebrating District I Elders (62 and over)

OCTOBER BIRTHDAYS

ORABELLE SEELYE
MILTON CAMPBELL
BETTY CROWE
STEVEN JACKSON
FLORENCE PARKER

NOVEMBER BIRTHDAYS

DONNA CLOUD
WILLIAMS EVERS
CHARLES GRAUMAN
SIMON JACKSON
MABEL ROY
GENEVIEVE SPERSTAD
LUCILLE WHITE

Wishing you a very

Happy Birthday!

District I Office

Robbie, Penny, & Sarah



Leech Lake Band of Ojibwe Tribal Court

6530 U. S. Highway 2 NW Cass Lake, MN 56633
(218) 335-3682 • (218) 335-4418

Honorable Korey Wawassuck, Judge of Tribal Court

Traffic Division

ORDER TO SHOW CAUSE

YOU (THE DEFENDANTS LISTED BELOW) ARE HEREBY ORDERED to appear before the Leech Lake Tribal Court and show cause why you should not be held in Contempt of Court for failure to pay court-ordered fines.

YOU ARE FURTHER NOTIFIED that pursuant to Leech Lake Traffic Code, Chapter, Section 304:

1. If you are found in Contempt of Court, you may be subject to an additional penalty not to exceed \$500.00, said penalty for contempt shall be in addition to any fines or other penalties previously assessed by this Court.
 2. You may also be subject to one or more of the following enforcement actions without further notice:
 - a. Report violation to the State of Minnesota for entry on defendant's driving record;
 - b. Add the fine to the amount defendant must pay to renew or obtain Leech Lake vehicle registration or plates;
 - c. Seize defendant's vehicle registration plates;
 - d. Seize the vehicle driven by defendant at the time of the violation;
 - e. Suspend defendant's fishing, hunting, trapping, ricing or other treaty rights within the boundaries and jurisdiction of the Leech Lake Band until defendant pays the fine in full.
 - f. Garnish wages by the Leech Lake Band.
- /s/ Korey Wawassuck, Judge of Tribal Court.

APPEARANCE DATE: December 18, 2012, at 2:00 p.m.

Defendant	Case No.	Charge	Date
Wind, Darlene Marie	TR-10-61	No Driver's License, Failure to a Seat Belt, Failure to Use a Child Restraint Device	05/24/2010

APPEARANCE DATE: January 15, 2013, at 2:00 p.m.

Defendant	Case No.	Charge	Date
Bowstring, Shanelle Rose	TR-10-185	No Driver's License	12/18/2010
Dalton, Hannah Lee	TR-10-130	Careless Driving; DAR/DAS	08/18/2010
Jones, Vydell Bernice	TR-11-108	Failure to Use a Seat Belt	09/03/2011

APPEARANCE DATE: January 15, 2013, at 3:00 p.m.

Defendant	Case No.	Charge	Date
Fisher, Glen Bryan, Jr.	CN-06-21	Open Burning With a Permit	10/02/2006



Ojibwe Service

Ken Johnson
Entrepreneur
218-335-9846

422 Basswood Ave, NW Cass Lake, MN 56633

Traffic Division NOTICE OF INTENT TO PROCEED BY DEFAULT

YOU (THE DEFENDANTS LISTED BELOW) ARE HEREBY NOTIFIED that the Leech Lake Band of Ojibwe intends to proceed by default in the Leech Lake Tribal Courtroom located at the Facility Center, upper level, 16126 John Moose Drive NW, Cass Lake, MN, with regard to the alleged violation of the Leech Lake Traffic/Conservation Code, occurring within the boundaries of the Leech Lake Reservation.

Violation of this summons is subject to proceedings for contempt of court pursuant to Tribal Code, Title 1, Part VI. The Court may find you in contempt for failure to appear at a court hearing or for failure to follow court orders.

/s/ Patricia Pizzala, Court Administrator.

APPEARANCE DATE: December 18, 2012, at 2:00 p.m.

Defendant	Case No.	Charge	Date
Belcourt, Randall L, Jr.	TR-11-54	Failure to Stop for School Bus	05/10/2011

APPEARANCE DATE: January 8, 2013, at 2:00 p.m.

Defendant	Case No.	Charge	Date
Dalton, Hannah Lee	TR-12-48	DAR/DAS	03/17/2012
Drumbeater, Chanell R.	TR-12-93	No Driver's License	05/02/2012
Fineday, Gordon Kirt	TR-12-86	Owner Permit Unlicensed Person to Drive	05/31/2012
Harrison, Renae Leah	TR-12-38	Failure to Use a Child Restraint Device (2 Counts); Failure to Show Proof of Insurance	04/02/2012
Lightfeather, Cheyenne S.	TR-12-91	No Driver's License	05/04/2012



Leech Lake Band of Ojibwe
Solid Waste Department PRESENTS:

Leech Lake's 2nd Annual Rezycle Day



11/19/12
3pm-6pm





Bring something to recycle!

• Plastics #1 - #2 • Paper • Aluminum • Cardboard

This year the Leech Lake Solid Waste Department will be hosting the 2nd Annual "Leech Lake Band of Ojibwe Rezycle Day", in conjunction with America Recycles Day on 11/19/12, at the Inger Community Center in Inger, MN! The purpose of this event will be to highlight the recycling efforts here on Leech Lake and to offer the community a chance to see what opportunities are available for recycling at Leech Lake Solid Waste.

Highlights
Informative Booths!
Cool Shirts!
Raffle!
Food for sale!
Taco-In-A-Bag
Recycling Games & Prizes!

Leech Lake Solid Waste Department
6250 152nd St NW
Cass Lake, MN 56633
Phone: 218-335-4160
Email: Robert.Budreau@llojibwe.org

Contact person: Robert Budreau 218-335-4160

Leech Lake Tribal Council Special Meeting

Housing Conference Room
March 29, 2012
Cass Lake, Minnesota



A Special Meeting of the Leech Lake Tribal Council was called to order by Chairman Arthur "Archie" LaRose at 9:40 a.m.

Present: Archie LaRose, Donald "Mick" Finn, Eugene "Ribs" Whitebird.
Absent: Robbie Howe-Bebeau, Steve White (arrives at 9:45 a.m.)

Motion by Eugene "Ribs" Whitebird to approve agenda with additions. Seconded by Donald Finn. Carried 2-0-0.

Motion by Donald Finn to approve the March 13, 2012 Minutes and the March 22, 2012 Minutes. Second by Eugene "Ribs" Whitebird. Carried 2-0-0.

Steve White arrives at 9:45 a.m. Ernie Dunn request moved to donations, Pete White request-legal will take care of and Lucille Wakonabo, land issue.

Discussion Cut Foot Sioux. Tribal Council building. Jim Michaud, Gordy Giffen and Bob Goggeye will come up with options for temporary housing.

TRIBAL COUNCIL RESOLUTIONS:

Motion by Eugene "Ribs" Whitebird to approve Tribal Council Resolution **No. 2012-131** concerning 1st Amendment to Moondance Jam Loan Agreement. Seconded by Steve White. Carried 3-0-0.

Other:

Motion by Steve White to approve the Minnesota Chippewa Tribe Liquor Permit Application for the Y-Bottle Shop. Seconded by Eugene "Ribs" Whitebird. Carried 3-0-0.

Request from LL Housing concerning the 19th Elders Feast and Give-away. Okay with the reduced wild rice purchase, DRM will take care of fish request. Tax Agreement update by Donald Finn and Steve Howard.

Motion by Eugene "Ribs" Whitebird to adjourn. Seconded by Donald Finn. Carried 3-0-0.

Leech Lake Tribal Council Special Meeting

District III Office
April 10, 2012
Cass Lake, Minnesota



A Special Meeting of the Leech Lake Tribal Council was called to order by Chairman Arthur "Archie" LaRose at 3:08 p.m.

Present: Robbie Howe-Bebeau, Steve White, Eugene "Ribs" Whitebird and Archie LaRose.

Excused: Donald Finn.

New Business:

Motion by Robbie Howe-Bebeau to approve Tribal Council Resolution **No. 2012-133** establishing Road Construction TIP for the Leech Lake Indian Reservation for FY2012-2015. Seconded by Steve White. Carried 3 -0-0.

Motion by Eugene "Ribs" to adjourn. Seconded by Robbie Howe-Bebeau. Carried 3 -0-0.

Leech Lake Tribal Council Special Meeting

Tribal Council Conference Rm
April 12, 2012
Cass Lake, Minnesota



A Special Meeting of the Leech Lake Tribal Council was called to order by Chairman Arthur "Archie" LaRose at 10:46 a.m.

Present: Donald "Mick" Finn, Eugene "Ribs" Whitebird and Archie LaRose.
Absent: Robbie Howe-Bebeau and Steve White (medical).

Motion by Donald Finn to approve agenda. Seconded by Eugene "Ribs" Whitebird. Carried 2-0-0.

New Business:

TRIBAL COUNCIL RESOLUTIONS:

Motion by Eugene "Ribs" Whitebird to approve Tribal Council Resolution **No. 2012-134** concerning Leech Lake Band of Ojibwe to attest to the accuracy of supplemental periodic statements of performance in the Nez Perce Tribe, et al v.Salazar, No. 06-2239 (D.D.C.). Seconded by Donald Finn. Carried 2-0-0.

LAND RESOLUTIONS:

Motion by Eugene "Ribs" Whitebird to approve Land Resolution **No. LD2012-103**, Leech Lake Limited Partnership #7 a/k/a LL Homes VII, new lease, Norway Heights. Seconded by Donald Finn. Carried 2-0-0.

Motion by Eugene "Ribs" Whitebird to approve Land Resolution **No. LD2012-104**, Leech Lake Limited Partnership #7 a/k/a LL Homes VII, new lease, BiGaan (Town Line Lake). Seconded by Donald Finn. Carried 2-0-0.

Motion by Eugene "Ribs" Whitebird to approve Land Resolution **No. LD2012-105**, Leech Lake Limited Partnership #7 a/k/a LL Homes VII, new lease, Wolf Lake. Seconded by Donald Finn. Carried 2-0-0.

Discussion: IRS. Moondance Jam resolution which will be revisited at the next council meeting.

Motion by Eugene "Ribs" Whitebird to adjourn at 10:56 a.m. Seconded by Donald Finn. Carried 2-0-0

Candidate Forum hosted by Leech Lake Band of Ojibwe at the Veterans Memorial Building Cass Lake, MN. October 29, 2012



Representative John Persell, House D5A, LLBO District III Representative LeRoy Staples Fairbanks III, Senator Tom Saxhaug, Senate D5, and DFL Candidate for U.S. Congress Rick Nolan, MN CD8.

District III Open Forum Wednesday, November 21st 1pm to 5pm, at the Northern Lights Casino, Walker MN.

Miigwech, District III Representative LeRoy Staples Fairbanks
For more information contact the District III office at 218-335-8200

Leech Lake Tribal Council Special Meeting

Tribal Council Conference Rm
April 12, 2012
Cass Lake, Minnesota



A Special Meeting (2nd meeting) of the Leech Lake Tribal Council was called to order by Chairman Arthur "Archie" LaRose at 11:06 a.m.

Present: Donald "Mick" Finn, Eugene "Ribs" Whitebird and Archie LaRose.

Absent: Robbie Howe-Bebeau, Steve White (medical).

Motion by Eugene "Ribs" Whitebird to approve agenda. Seconded by Donald Finn. Carried 2-0-0.

New Business:

Motion by Eugene "Ribs" Whitebird to approve Tribal Council Resolution **No. 2012-135** concerning U.S. Dept. of Justice - Coordinated Tribal Assistance Solicitation Grant - FY 2012. Seconded by Donald Finn. Carried 2-0-0.

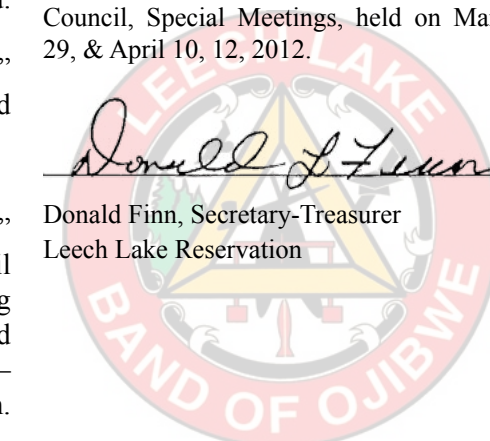
Motion by Eugene "Ribs" Whitebird to approve Tribal Council Resolution **No. 2012-136** authorizing the Legal Department to apply for the Tribal Civil and Criminal Legal Assistance grants, training and technical assistance FY 2012 Competitive grant. Seconded by Donald Finn. Carried 2-0-0.

Motion by Eugene "Ribs" Whitebird to adjourn. Seconded by Donald Finn. Carried 2-0-0.

I DO HEREBY CERTIFY that this is a true and accurate record of the Leech Lake Tribal Council, Special Meetings, held on March 29, & April 10, 12, 2012.

Donald J. Finn

Donald Finn, Secretary-Treasurer
Leech Lake Reservation



Thank you for being a voter



Protect Native American Rights Vote DFL Tuesday, November 6

- Vote No on Restricting Native American Voting Rights**
 DFLers are against the Constitutional Amendment to limit Native American rights to vote. The Amendment would not allow the use of our tribal IDs to vote. Vote No on this Amendment which limits our rights.
- Vote for a Better Future**
 DFLers support livable wages, affordable healthcare, and quality education.
- Vote for Tribal Sovereignty**
 DFLers support tribal sovereignty and our rights to self determination.

Voting is easy in Minnesota - no photo ID is required if you are already registered.

If you need a ride to the polls or have any questions call 1-877-462-4301 or visit www.DFL.org

You can register to vote on Election Day!

Official DFL Sample Ballot



Barack Obama
President

For President

Barack Obama



Amy Klobuchar
US Senate

For US Senate

Amy Klobuchar



Rick Nolan
US Congress

For US Representative

Rick Nolan



Tom Saxhaug
State Senate

For State Senate

Tom Saxhaug

For State House

John Persell



John Persell
State House