

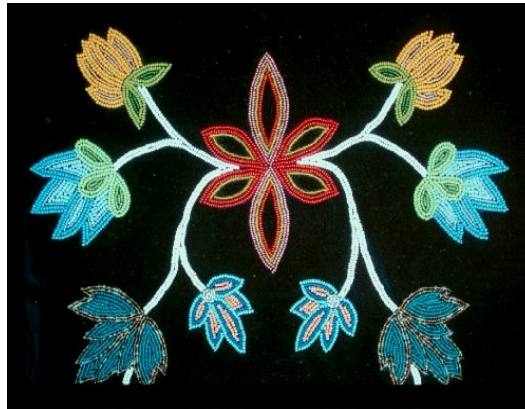
**Services Provided at
Wadiswan (“The
Nest”)in Cass Lake.
(218) 335-8315**

-Maternal Child Health (MCH)

Provides home visiting
for prenatal and postnatal care,
well-child checks, sleep safe/
bath.

Other services provided

- Doula Program**
- Car Seat Safety Program**
- WIC Program**
- Immunizations**
- Incentive Program**
- Cultural Advisor**



**Leech Lake Maternal
Child Health Program**

Health Division
115 6th st NW
Cass Lake, MN 56633

Phone: 218-335-8315
Fax: 218-335-4578



**Child & Teen
Check-ups**



Leech Lake Health Division

Your wellness is our business!

**Tele: 218-335-4500
1-866-289-5995**

Child & Teen Check-ups

- Information about preventive diseases and health promotion.
- Information about safety, nutrition, developmental and growth review.
- Complete health history and physical exam.
- Immunizations
- Vision & Hearing check-ups.
- Lab checks (Hemoglobin and TB placements and checks).
- *Referrals for any abnormal results.

Child & Teen Check-ups:

-Use this health check-up for Head start, WIC, school, or Day-care. Be sure bring any forms and/or a copy of immunizations to your visit.

When to get a C&TC:

Birth to 4 months well-child checkups need to be completed by primary caregiver like Doctor, Nurse practitioner and/or physician assistant.

Trained Registered Nurses can complete C&TCs on infants starting at 4months, 6mo, 9mo, 12mo, 15mo, & 18 months, 2, 3, 4, 5, 6 years, and every two years to 20 years of age in any of the outlying clinics. Please check with a clinic near you!



Supporting the family with the newborn

Get regular dental check-ups: The first dental exam should be completed when the first tooth erupts, and/or no later than age 1. Every 6 months for an check-up.

The purpose of this program is:

Regular health checks help keep children healthy.

Health problems can be found and treated early.

Children can get tested for exposure to lead or tuberculosis and other diseases.

Parents and children can get information about healthy lifestyles.